



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nadine Bennett

ICE ID : 274 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Kellys Beach, Prescott, Ontario

02-Dec-2018

1.0500 mile / 1.69km in 34:49 minutes

Water 3.93°C, Wind Chill 4.00°C, 44.71° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

