



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nicola Doran

ICE ID : 502 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Clontarf Baths, Dublin, Ireland

01-Feb-2025

1.0000 mile / 1.61km in 29:57 minutes

Water 4.57°C, Wind Chill 5.00°C, Altitude 0m, 53.35° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read "RAB". The signature is stylized and slanted.

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

