



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Gerald Daringer

ICE ID : 402 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lake Aguelmam Sidi Ali, Khenifry, Morocco
25-Feb-2024

1.0253 mile / 1.65km in 29:21 minutes

Water 4.57°C, Wind Chill -0.90°C, Altitude 2080m, 33.07° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION
www.internationaliceswimming.com

