



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Peggy Henning

ICE ID : 278 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lac Aguelmame Sidi Ali, Marocco

10-Feb-2025

1.0000 mile / 1.61km in 41:39 minutes

Water 4.67°C, Wind Chill -0.50°C, Altitude 2112m, 33.04° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

