



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ger Kennedy**

ICE ID : 55 - ICE MILE : 21

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Lake Kawaguchi Japan Fuji Five Lake

14-Feb-2026

1.0000 mile / 1.61km in 37:18 minutes

Water 4.80°C, Wind Chill 4.30°C, Altitude 826m, 35.30° N

**YOU ARE OFFICIALLY FROZEN**

10+ ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

