



CERTIFICATE OF MEMBERSHIP

This is to certify that

Mark Dempsey

ICE ID : 366 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Clontraf, Ireland

02-Feb-2019

1.0000 mile / 1.61km in 29:09 minutes

Water 2.40°C, Wind Chill 5.00°C, 53.36° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

