



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Maria Kowalczyk

ICE ID : 646 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Nordkapp, Honningsvåg Beach
28-Mar-2026

1.6156 mile / 2.6km in 55:47 minutes

Water 3.03°C, Wind Chill -7.00°C, Altitude 0m, 71.01° N

YOU ARE OFFICIALLY FROZEN

Extreme, Polar ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

