



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Sona Rebrova**

ICE ID : 612 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



NordKapp, Norway

28-Mar-2026

1.0004 mile / 1.61km in 39:36 minutes

Water 3.03°C, Wind Chill -7.40°C, Altitude 12m, 71.01° N

**YOU ARE OFFICIALLY FROZEN**

Polar ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

