



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Richard Nyary

ICE ID : 182 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Spisšká nova Ves, Slovakia

18-Jan-2020

1.0200 mile / 1.64km in 27:59 minutes

Water 2.03°C, Wind Chill 0.00°C, 48.95° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

