



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Harriet Green

ICE ID : 574 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Loch Morlich, Great Britain

29-Nov-2025

1.0128 mile / 1.63km in 37:26 minutes

Water 4.00°C, Wind Chill 0.10°C, Altitude 300m, 57.17° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

