



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Mary Ann Best

ICE ID : 477 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Miller Beach Gary, IN, USA

16-Dec-2023

1.3300 mile / 2.14km in 54:02 minutes

Water 4.65°C, Wind Chill 2.10°C, Altitude 185m, 41.00° N

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

