



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Samantha Farrow

ICE ID : 436 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Worthersee, Austria

20-Feb-2023

1.2500 mile / 2.01km in 40:07 minutes

Water 4.90°C, Wind Chill 3.00°C, Altitude 720m, 46.62° N

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

