



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Gerald George**

ICE ID : 314 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Rounseville Pool, Prescott, USA**

**09-Feb-2024**

**1.0303 mile / 1.66km in 32:34 minutes**

Water 4.80°C, Wind Chill 0.60°C, Altitude 1656m, 34.57° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

