



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Barbara Hernandez**

ICE ID : 327 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Chile Bay Antarctica**

**05-Feb-2023**

**New Polar Ice Swimming distance record**

**1.5534 mile / 2.5km in 45:30 minutes**

**Water 2.23°C, Wind Chill 2.90°C, Altitude 0m, 62.49° S**

**YOU ARE OFFICIALLY FROZEN**

**Extreme, Polar ICE MILE**

A handwritten signature in black ink, appearing to read "RAB".

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

