



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Barbara Hernandez

ICE ID : 327 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Chile Bay, Antarctica

05-Feb-2023

New Polar Ice Swimming distance record

1.5534 mile / 2.5km in 45:30 minutes

Water 2.23°C, Wind Chill 2.90°C, Altitude 0m, 62.29° S

YOU ARE OFFICIALLY FROZEN

Extreme, Polar ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

