



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Adam Boon**

ICE ID : 293 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Melton Mowbray, Leicestershire - UK**

**07-Mar-2020**

**1.1700 mile / 1.88km in 36:29 minutes**

Water 4.77°C, Wind Chill 3.10°C, 52.77° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

