

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Kate Steels

ICE ID: 110 - ICE MILE: 10

has successfully completed an ICE Mile according to the

## INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Llanwit, Wales, UK 22-Jan-2022

1.0100 mile / 1.63km in 28:49 minutes Water 4.60°C, Wind Chill 4.40°C, Altitude 10m, 51.40° N

YOU ARE OFFICIALLY FROZEN
10+ ICE MILE



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



