



CERTIFICATE OF MEMBERSHIP

This is to certify that
Lindsay De Kock

ICE ID : 62 - ICE MILE : 1

has successfully qualified as an ICE member of the
INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Matroosberg Dam, South Africa
24-Aug-2013

1.0000 mile / 1.61km in 34:25 minutes

Water 3.00°C, Wind Chill -2.00°C, 33.38° S

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

