



CERTIFICATE OF MEMBERSHIP

This is to certify that
Amie Henderson

ICE ID : 578 - ICE MILE : 1

has successfully qualified as an ICE member of the
INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Loch Morlich, Scotland
12-Jan-2025

1.0000 mile / 1.61km in 47:48 minutes
Water 3.87°C, Wind Chill 2.30°C, Altitude 0m, 57.00° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION
www.internationaliceswimming.com

