



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**John Donald**

ICE ID : 56 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Parliament Hill, Lido England

24-Feb-2013

1.0700 mile / 1.72km in 37:00 minutes

Water 3.10°C, Wind Chill 0.00°C, 51.56° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read 'RAB'.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

