



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Helen Hislop**

ICE ID : 590 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Hatfield Outdoor Activity Centre, Old Thorne Road,  
Doncaster DN7 6EQ

01-Feb-2025

1.0066 mile / 1.62km in 27:56 minutes

Water 4.30°C, Wind Chill 3.00°C, Altitude 0m, 53.58° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION  
[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

