



## CERTIFICATE OF MEMBERSHIP

This is to certify that  
**Francois Lambrechts**

ICE ID : 521 - ICE MILE : 1

has successfully qualified as an ICE member of the  
**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Blue Lake, St Bathans, Otago, New Zealand  
08-Jul-2023

1.0000 mile / 1.61km in 38:00 minutes

Water 3.30°C, Wind Chill 1.60°C, Altitude 576m, 44.87° S

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, appearing to be "RB" with a stylized flourish.

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**  
[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

