



CERTIFICATE OF MEMBERSHIP

This is to certify that

Alan Gleeson

ICE ID : 394 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Shannon Rowing Club Limerick

30-Jan-2021

1.0000 mile / 1.61km in 33:05 minutes

Water 4.93°C, Wind Chill 6.90°C, 52.67° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read "RAB", written over a blue background.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

