



## EVENT RESULTS

IISA Polish Championships - Silesia  
Winter Swimming 2020

Sat, 22nd February, 2020

Katowice, lake Szlomiok (Dolina Trzech Stawów),  
Poland




## 1000m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jiri Polansky (42)	Ice	00:11.22				
2		Piotr Konopacki (42)	Cold	00:11.47				
3		Richard Nyary (44)	Ice	00:12.44				
4		Krzysztof Kubiak (31)	Ice	00:12.49				
5		Zdeněk Sláma (42)	Ice	00:13.03				
6		Tomasz Lutkowski (45)	Cold	00:13.07				
7		Marcin Trudnowski (49)	Ice	00:13.11				
8		Jakub Valnicek (50)	Ice	00:13.25				
9		Grzegorz Mówiński (51)	Cold	00:13.33				
10		Rafał Domeracki (38)	Cold	00:13.37				
11		Michael Hudson (46)	Ice	00:13.48				
12		Chun Kong Mak (34)	Ice	00:14.13				
13		Michal Štengl (42)	Ice	00:14.35				
14		Jacek Juskowiak (46)	Cold	00:14.44				
15		FEDERICO MIOT (43)	Cold	00:15.00				
16		Jan Sucha (39)	Cold	00:15.34				
17		Mariusz Lebioda (49)	Cold	00:16.11				
18		Berthold Jeitner (49)	Ice	00:16.16				
19		Zdenek Tlamicha (48)	Ice	00:16.45				
20		Lukasz Tkacz (41)	Ice	00:16.59				
21		Filip Hejkrlík (41)	Cold	00:17.07				
22		Marek Grzywa (45)	Ice	00:17.25				
23		Piotr Damaszkowski (56)	Cold	00:17.39				
24		Dušan Hejtmánek (48)	Cold	00:20.05				
25		Ireneusz Kordylak (44)	Ice	00:20.06				
26		Kamil Nemeček (46)	Cold	00:21.12				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Pavla Nováková (24)	Cold	00:11.44				
2		Victoria Mori (27)	Cold	00:11.48				
3		Renata Nováková (23)	Ice	00:12.47				
4		Lenka Šlehoverová (38)	Cold	00:15.12				
5		Kristyna Dykova (33)	Cold	00:15.21				
6		Tatiana Korona (53)	Cold	00:17.10				
7		Aldona Skowrońska (35)	Ice	00:18.15				
8		Mirka Novotná (56)	Ice	00:20.41				
9		Alena Demlova (49)	Ice	00:21.16				
10		Soňa Hemalová (42)	Cold	00:21.24				
11		Ilona Peková (45)	Cold	00:21.46				
12		Anja Binder (33)	Ice	00:22.42				
13		Martina Otrisalova (45)	Cold	00:23.30				

27		Jakub Sobola (36)	Cold	00:21.20
28		Miloš Paseka (49)	Cold	00:22.35
29		Mojmir Vaclavek (56)	Ice	00:23.09

**Junior (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					



**Junior (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 18 to 24 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 18 to 24 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Pavlína Nováková (24)	Cold	00:11.44				
2	 Renata Nováková (23)	Ice	00:12.47				

**Age 25 to 29 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					



**Age 25 to 29 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Victoria Mori (27)	Cold	00:11.48				

**Age 30 to 34 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Krzysztof Kubiak (31)	Ice	00:12.49				
2	 Chun Kong Mak (34)	Ice	00:14.13				



**Age 30 to 34 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Kristyna Dykova (33)	Cold	00:15.21				
2	 Anja Binder (33)	Ice	00:22.42				

**Age 35 to 39 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Rafał Domeracki (38)	Cold	00:13.37				
2	 Jan Sucha (39)	Cold	00:15.34				
3	 Jakub Sobola (36)	Cold	00:21.20				


**Age 35 to 39 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Lenka Šlehoverová (38)	Cold	00:15.12				
2	 Aldona Skowrońska (35)	Ice	00:18.15				












**Age 40 to 44 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Jiri Polansky (42)	Ice	00:11.22				
2	 Piotr Konopacki (42)	Cold	00:11.47				
3	 Richard Nyary (44)	Ice	00:12.44				
4	 Zdeněk Sláma (42)	Ice	00:13.03				
5	 Michal Štengl (42)	Ice	00:14.35				
6	 FEDERICO MIOT (43)	Cold	00:15.00				
7	 Lukasz Tkacz (41)	Ice	00:16.59				
8	 Filip Hejkrlík (41)	Cold	00:17.07				
9	 Ireneusz Kordylak (44)	Ice	00:20.06				

**Age 40 to 44 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Soňa Hemalová (42)	Cold	00:21.24				

## Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tomasz Lutkowski (45)	Cold	00:13.07				
2		Marcin Trudnowski (49)	Ice	00:13.11				
3		Michael Hudson (46)	Ice	00:13.48				
4		Jacek Juskowiak (46)	Cold	00:14.44				
5		Mariusz Lebioda (49)	Cold	00:16.11				
6		Berthold Jeitner (49)	Ice	00:16.16				
7		Zdenek Tlamicha (48)	Ice	00:16.45				
8		Marek Grzywa (45)	Ice	00:17.25				
9		Dušan Hejtmánek (48)	Cold	00:20.05				
10		Kamil N?me?ek (46)	Cold	00:21.12				
11		Miloš Paseka (49)	Cold	00:22.35				

## Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alena Demlova (49)	Ice	00:21.16				
2		Ilona Peková (45)	Cold	00:21.46				
3		Martina Otrisalova (45)	Cold	00:23.30				

## Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jakub Valnicek (50)	Ice	00:13.25				
2		Grzegorz Mówi?ski (51)	Cold	00:13.33				

## Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tatiana Korona (53)	Cold	00:17.10				

## Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Piotr Damaszkó (56)	Cold	00:17.39				
2		Mojmir Vaclavek (56)	Ice	00:23.09				

## Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mirka Novotná (56)	Ice	00:20.41				

## Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

## 750m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Robert Augustynowicz (44)	Cool	00:13.23				
2		Micha? Manterys (39)	Ice	00:14.25				
3		Boles?aw Micha?owski (44)	Cool	00:15.09				
4		Miros?aw Sitek (43)	Cool	00:15.31				
5		Bart?omiej Nagalewski (44)	Cool	00:16.53				
6		Piotr Zwonek (53)	Cool	00:17.13				
7		Klaudiusz St?pniewski (45)	Cold	00:17.40				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Paulina W?odarczyk (29)	Cold	00:11.26				
2		Monika Schmidova (54)	Cold	00:15.45				

## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Paulina W?odarczyk (29)	Cold	00:11.26				

## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Micha? Manterys (39)	Ice	00:14.25				

## Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Robert Augustynowicz (44)	Cool	00:13.23				
2		Boles?aw Micha?owski (44)	Cool	00:15.09				
3		Miros?aw Sitek (43)	Cool	00:15.31				
4		Bart?omiej Nagalewski (44)	Cool	00:16.53				

## Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


## Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Klaudiusz St?pniewski (45)	Cold	00:17.40				


## Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 50 to 54 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Piotr Zwonek (53)	Cool	00:17.13				

**Age 50 to 54 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Monika Schmidova (54)	Cold	00:15.45				

**Age 55 to 59 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 55 to 59 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 60 to 64 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 60 to 64 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 65 to 69 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 65 to 69 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

## 500m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Maciej Pilc (41)	Cool	00:05.59				
2		Tomasz Lutkowski (45)	Cold	00:06.04				
3		Lucas Benitez (29)	Cool	00:06.06				
4		Jacek Juskowiak (46)	Cold	00:06.35				
5		FEDERICO MIOT (43)	Cold	00:06.45				
6		Marcin Schabowski (33)	Ice	00:06.47				
7		Maciej Mazerant (42)	Cool	00:07.32				
8		Vladimir Vokhminov (32)	Cool	00:07.52				
9		Micha? Stefaniak (41)	Cold	00:07.56				
10		Piotr ?witaj (38)	Cold	00:08.20				
11		Pawel Pawlucky (49)	Cool	00:08.42				
12		Dariusz Rojowiec (31)	Cold	00:08.49				
13		Lukasz Majchrzak (29)	Cool	00:08.59				
14		Grzegorz Halor (35)	Cool	00:09.07				
15		Bartek Boksa (40)	Cool	00:09.37				
16		S?awomir Staciwa (47)	Cool	00:11.05				
17		Grzegorz Truchan (59)	Cool	00:11.46				
18		Tadeusz Trocha (42)	Cool	00:11.47				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		daiana farrer (34)	Cold	00:09.28				
2		Susan Penaluna (57)	Ice	00:09.38				
3		Orla Doyle (59)	Cool	00:09.43				
4		Sabina Koj (35)	Ice	00:10.31				

## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Lucas Benitez (29)	Cool	00:06.06				
2		Lukasz Majchrzak (29)	Cool	00:08.59				

## Age 25 to 29 (Female)


	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marcin Schabowski (33)	Ice	00:06.47				

## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		daiana farrer (34)	Cold	00:09.28				

2  Vladimir Vokhminov (32) Cool 00:07.523  Dariusz Rojowiec (31) Cold 00:08.49**Age 35 to 39 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Piotr Witaj (38)	Cold	00:08.20				
2	 Grzegorz Halor (35)	Cool	00:09.07				

**Age 35 to 39 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Sabina Koj (35)	Ice	00:10.31				

**Age 40 to 44 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Maciej Pilc (41)	Cool	00:05.59				
2	 FEDERICO MIOT (43)	Cold	00:06.45				
3	 Maciej Mazerant (42)	Cool	00:07.32				
4	 Michał Stefaniak (41)	Cold	00:07.56				
5	 Bartek Boksa (40)	Cool	00:09.37				
6	 Tadeusz Trocha (42)	Cool	00:11.47				

**Age 40 to 44 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 45 to 49 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Tomasz Lutkowski (45)	Cold	00:06.04				
2	 Jacek Juskowiak (46)	Cold	00:06.35				
3	 Paweł Pawlucy (49)	Cool	00:08.42				
4	 Sławomir Staciwa (47)	Cool	00:11.05				

**Age 45 to 49 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 50 to 54 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					



**Age 50 to 54 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 55 to 59 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Grzegorz Truchan (59)	Cool	00:11.46				

**Age 55 to 59 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Susan Penaluna (57)	Ice	00:09.38				
2	 Orla Doyle (59)	Cool	00:09.43				

**Age 60 to 64 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 60 to 64 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 65 to 69 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 65 to 69 (Female)**


CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**CA** = Country Association   **Time** = Swim Time (mm:ss:cc)   **IISA** = IISA Membership Level



## PARA Category: 500m Freestyle Results

### OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Grzegorz Halor	Cool	00:09.07				

### OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE

### Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Grzegorz Halor	Cool	00:09.07				

### Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

## 200m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marcin Szarpak (19)	Ice	00:02.15				
2		Krzysztof Nowak (34)	Cool	00:02.35				
3		Daniel Trz?siec (20)	Cold	00:02.42				
4		igor okarmus (44)	Cool	00:03.01				
5		Marcin Bryniarski (44)	Cool	00:03.30				
6		Adam Pycia (54)	Cool	00:03.30				
7		Artur Wrembel (45)	Cool	00:03.32				
8		Kamil Kowalski (36)	Cool	00:03.34				
9		Daniel Palosz (47)	Cold	00:03.55				
10		Bartosz Sztaba (39)	Cold	00:03.56				
11		Kamil Bieszczad (18)	Cool	00:03.56				
12		Piotr Tuszkiewicz (51)	Cool	00:04.02				
13		Adam Szeremeta (42)	Cool	00:04.04				
14		?ukasz Rydyk (42)	Cool	00:04.15				
15		Tomasz Stuczynski (59)	Cold	00:04.16				
16		waldemar balicki (50)	Cool	00:04.31				
17		Bartosz Siara (40)	Cool	00:04.32				
18		Edgar Bronicki (69)	Cool	00:04.33				
19		Tomasz Korpy? (36)	Cool	00:04.39				
20		Peter Hircock (56)	Cool	00:04.44				
21		Marek Bany (44)	Cool	00:05.01				
22		Kamil Gruszka (40)	Cool	00:05.01				
23		Zac Campbell (31)	Cool	00:05.11				
24		Wies?aw Orlikowski (63)	Cool	00:05.25				
25		Pawe? Nalepka (44)	Cool	00:05.27				
26		?ukasz Pazgan (37)	Cool	00:05.30				
27		Lukasz Kaminski (36)	Cool	00:06.08				
28		Wojtek Winkler (47)	Cool	00:06.09				
29		Szymon Mola (41)	Cool	00:06.35				
30		Paul Bygrave (58)	Cool	00:15.37				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		KATARZYNA GNIOT (40)	Cool	00:03.39				
2		Monika Wilk (44)	Ice	00:03.44				
3		Charlotte Campbell (45)	Cool	00:04.18				
4		Kornelia Januszkiewicz (39)	Cool	00:04.32				
5		Agnieszka Koj (41)	Cool	00:06.05				
6		Ma?gorzata Brac-Walczyk (62)	Cool	00:06.12				
7		Pauline Barker (57)	Ice	00:06.50				
8		Lesley Duncan (61)	Cool	00:06.59				
9		Paula Sims (49)	Cool	00:07.52				

## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

NONE

**Age 18 to 24 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marcin Szarpak (19)	Ice	00:02.15				
2		Daniel Trz?siec (20)	Cold	00:02.42				
3		Kamil Bieszczad (18)	Cool	00:03.56				

**Age 18 to 24 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE



**Age 25 to 29 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE

**Age 25 to 29 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE

**Age 30 to 34 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Krzysztof Nowak (34)	Cool	00:02.35				
2		Zac Campbell (31)	Cool	00:05.11				

**Age 30 to 34 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE










**Age 35 to 39 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kamil Kowalski (36)	Cool	00:03.34				
2		Bartosz Sztaba (39)	Cold	00:03.56				
3		Tomasz Korpy? (36)	Cool	00:04.39				
4		?ukasz Pazgan (37)	Cool	00:05.30				
5		Lukasz Kaminski (36)	Cool	00:06.08				




**Age 35 to 39 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kornelia Januszkiewicz (39)	Cool	00:04.32				


**Age 40 to 44 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		igor okarmus (44)	Cool	00:03.01				
2		Marcin Bryniarski (44)	Cool	00:03.30				
3		Adam Szeremeta (42)	Cool	00:04.04				
4		?ukasz Rydyk (42)	Cool	00:04.15				
5		Bartosz Siara (40)	Cool	00:04.32				
6		Marek Bany (44)	Cool	00:05.01				
7		Kamil Gruszka (40)	Cool	00:05.01				
8		Pawe? Nalepka (44)	Cool	00:05.27				
9		Szymon Mola (41)	Cool	00:06.35				


**Age 40 to 44 (Female)**



	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		KATARZYNA GNIOT (40)	Cool	00:03.39				
2		Monika Wilk (44)	Ice	00:03.44				
3		Agnieszka Koj (41)	Cool	00:06.05				

**Age 45 to 49 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Artur Wrembel (45)	Cool	00:03.32				


**Age 45 to 49 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Charlotte Campbell (45)	Cool	00:04.18				

2		Daniel Palosz (47)	Cold	00:03.55				
3		Wojtek Winkler (47)	Cool	00:06.09				

2		Paula Sims (49)	Cool	00:07.52				
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**Age 50 to 54 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Adam Pycia (54)	Cool	00:03.30				
2		Piotr Tuszkiewicz (51)	Cool	00:04.02				
3		waldemar balicki (50)	Cool	00:04.31				

**Age 50 to 54 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE


**Age 55 to 59 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tomasz Stuczynski (59)	Cold	00:04.16				
2		Peter Hircock (56)	Cool	00:04.44				
3		Paul Bygrave (58)	Cool	00:15.37				



**Age 55 to 59 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Pauline Barker (57)	Ice	00:06.50				


**Age 60 to 64 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Wiesław Orlikowski (63)	Cool	00:05.25				

**Age 60 to 64 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Małgorzata Brac-Walczyk (62)	Cool	00:06.12				
2		Lesley Duncan (61)	Cool	00:06.59				

**Age 65 to 69 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Edgar Bronicki (69)	Cool	00:04.33				

**Age 65 to 69 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

## PARA Category: 200m Freestyle Results

### OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 KATARZYNA GNIOT	Cool	00:03.39				

### Age 40 to 44 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 40 to 44 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 KATARZYNA GNIOT	Cool	00:03.39				

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

# 100m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jerzy Korba (51)	Cool	00:01.04				
2		Andrzej Kowalczyk (29)	Cool	00:01.05				
3		Aleksander Ludynia (41)	Cool	00:01.10				
4		Krzysiek Stawarz (39)	Cool	00:01.12				
5		Adam Miler (18)	Cool	00:01.13				
6		Rafa? Pawlak (31)	Cool	00:01.22				
7		Grzegorz Matras (42)	Cool	00:01.35				
8		B?a?ej ?uchowski (35)	Cool	00:01.35				
9		Lukasz Zenderowski (39)	Cool	00:01.38				
10		Grzegorz Filipkowski (39)	Cool	00:01.40				
11		Mariusz Zygmunt (37)	Cool	00:01.40				
12		Krzysztof Malinowski (49)	Cool	00:01.41				
13		Grzegorz GRZYBCZYK (42)	Cool	00:01.47				
14		Patryk Zygmunt (40)	Cool	00:01.48				
15		JACEK CHARLI?SKI (46)	Cool	00:02.00				
16		Witold Mazur (46)	Cool	00:02.01				
17		Jacek Liber (45)	Cool	00:02.01				
18		Micha? Kami?ski (27)	Cool	00:02.03				
19		Tomasz Szczepa?ski (44)	Cool	00:02.10				
20		Henryk Laskowski (48)	Cool	00:02.12				
21		Artur Durbacz (56)	Cool	00:02.20				
22		Les?aw Chru?ciel (51)	Cool	00:02.41				
23		MARCIN PAJ?K (45)	Cool	00:03.01				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Martyna Okaj (18)	Cool	00:01.09				
2		Karolina Dziadkiewicz (24)	Cool	00:01.29				
3		Natalia Bauszek (22)	Cool	00:01.33				
4		Natalia Palka (21)	Cool	00:01.48				
5		Zuzanna Kot (28)	Cool	00:01.49				
6		Martyna Stalmach (18)	Cool	00:01.49				
7		TERESA TOMASIK-MICHA?EK (49)	Cool	00:02.53				

## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)


	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					



## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Adam Miler (18)	Cool	00:01.13				

## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Martyna Okaj (18)	Cool	00:01.09				
2		Karolina Dziadkiewicz (24)	Cool	00:01.29				
3		Natalia Bauszek (22)	Cool	00:01.33				

4  Natalia Palka (21) Cool 00:01.485  Martyna Stalmach (18) Cool 00:01.49**Age 25 to 29 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Andrzej Kowalczyk (29)	Cool	00:01.05				
2	 Micha? Kami?ski (27)	Cool	00:02.03				

**Age 25 to 29 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Zuzanna Kot (28)	Cool	00:01.49				






**Age 30 to 34 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Rafa? Pawlak (31)	Cool	00:01.22				

**Age 30 to 34 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 35 to 39 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Krzysiek Stawarz (39)	Cool	00:01.12				
2	 B?a?ej ?uchowski (35)	Cool	00:01.35				
3	 Lukasz Zenderowski (39)	Cool	00:01.38				
4	 Grzegorz Filipkowski (39)	Cool	00:01.40				
5	 Mariusz Zygmunt (37)	Cool	00:01.40				

**Age 35 to 39 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 40 to 44 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Aleksander Ludynia (41)	Cool	00:01.10				
2	 Grzegorz Matras (42)	Cool	00:01.35				
3	 Grzegorz GRZYBCZYK (42)	Cool	00:01.47				
4	 Patryk Zygmunt (40)	Cool	00:01.48				
5	 Tomasz Szczepa?ski (44)	Cool	00:02.10				


**Age 40 to 44 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 45 to 49 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Krzysztof Malinowski (49)	Cool	00:01.41				
2	 JACEK CHARLI?SKI (46)	Cool	00:02.00				
3	 Witold Mazur (46)	Cool	00:02.01				
4	 Jacek Liber (45)	Cool	00:02.01				
5	 Henryk Laskowski (48)	Cool	00:02.12				
6	 MARCIN PAJ?K (45)	Cool	00:03.01				

**Age 45 to 49 (Female)**



CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 TERESA TOMASIK-MICHA?EK (49)	Cool	00:02.53				

**Age 50 to 54 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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**Age 50 to 54 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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1		Jerzy Korba (51)	Cool	00:01.04					NONE
2		Lesław Chruściel (51)	Cool	00:02.41					

**Age 55 to 59 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Artur Durbacz (56)	Cool	00:02.20				

**Age 55 to 59 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
									NONE

**Age 60 to 64 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
									NONE

**Age 60 to 64 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
									NONE

**Age 65 to 69 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
									NONE

**Age 65 to 69 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
									NONE

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level



**EVENT DETAILS****IISA Polish Championships - Silesia Winter Swimming 2020**  
**Sat, 22nd February, 2020**  
**Katowice, lake Szlomiok (Dolina Trzech Stawów)**

<b>Country:</b>	Poland	<b>Water Temperature:</b>	4.00°C
<b>Country Association:</b>	Poland	<b>Air Temperature:</b>	3.00°C
<b>GPS Location:</b>	50.24° N 19.05° E	<b>Wind Speed:</b>	50.0 km/h
<b>World Champs:</b>	No	<b>Wind Chill:</b>	-4.0°C
<b>National Champs:</b>	Yes	<b>Course:</b>	Open Water
<b>Referee:</b>	Michal Moravec	<b>Fresh/Salt Water:</b>	Fresh
<b>Medical Officer:</b>	Micha? Starosolski	<b>Event Distances:</b>	1000m Freestyle 750m Freestyle 500m Freestyle 200m Freestyle 100m Freestyle
<b>IISA Official:</b>	Leszek Naziemiec		
<b>Event Director:</b>	Lukasz Tkacz		
<b>Event Contact:</b>	Leszek Naziemiec		
<b>Event Email:</b>	leszeknaziemiec@gmai.com		