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**EVENT RESULTS**

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**IISA Polish Championships - Silesia  
Winter Swimming 2020**

**Sat, 22nd February, 2020**

**Katowice, lake Szlomiok (Dolina Trzech Stawów),  
Poland**

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**1000m Freestyle (Solo)**

## Results

## OVERALL (Male)

CA	Swimmer Name	IISA	Time
1	Jiri Polansky (42)	Ice	00:11:22
2	Piotr Konopacki (42)	Cold	00:11:47
3	Richard Nyary (44)	Ice	00:12:44
4	Krzysztof Kubiak (31)	Ice	00:12:49
5	Zdeněk Sláma (42)	Ice	00:13:03
6	Tomasz Lutkowski (45)	Cold	00:13:07
7	Marcin Trudnowski (49)	Ice	00:13:11
8	Jakub Valnicek (50)	Ice	00:13:25
9	Grzegorz Mówiński (51)	Cold	00:13:33
10	Rafał Domeracki (38)	Cold	00:13:37
11	Michael Hudson (46)	Ice	00:13:48
12	Chun Kong Mak (34)	Ice	00:14:13
13	Michal Štengl (42)	Ice	00:14:35
14	Jacek Juskowiak (46)	Cold	00:14:44
15	FEDERICO MIOT (43)	Cold	00:15:00
16	Jan Sucha (39)	Cold	00:15:34
17	Mariusz Lebioda (49)	Cold	00:16:11
18	Berthold Jeitner (49)	Ice	00:16:16
19	Zdenek Tlamicha (48)	Ice	00:16:45
20	Lukasz Tkacz (41)	Ice	00:16:59
21	Filip Hejkrlík (41)	Cold	00:17:07
22	Marek Grzywa (45)	Ice	00:17:25
23	Piotr Damaszkó (56)	Cold	00:17:39
24	Dušan Hejtmánek (48)	Cold	00:20:05
25	Ireneusz Kordylak (44)	Ice	00:20:06
26	Kamil Nemeček (46)	Cold	00:21:12
27	Jakub Sobola (36)	Cold	00:21:20
28	Miloš Paseka (49)	Cold	00:22:35
29	Mojmir Vaclavek (56)	Ice	00:23:09

## OVERALL (Female)

CA	Swimmer Name	IISA	Time
1	Pavlína Nováková (24)	Cold	00:11:44
2	Victoria Mori (27)	Cold	00:11:48
3	Renata Nováková (23)	Ice	00:12:47
4	Lenka Šlehoverová (38)	Cold	00:15:12
5	Kristyna Dykova (33)	Cold	00:15:21
6	Tatiana Korona (53)	Cold	00:17:10
7	Aldona Skowrońska (35)	Ice	00:18:15
8	Mirka Novotná (56)	Ice	00:20:41
9	Alena Demlova (49)	Ice	00:21:16
10	Soňa Hemalová (42)	Cold	00:21:24
11	Ilona Peková (45)	Cold	00:21:46
12	Anja Binder (33)	Ice	00:22:42
13	Martina Otrisalova (45)	Cold	00:23:30

## Junior (Male)

CA	Swimmer Name	IISA	Time
<i>none</i>			

## Junior (Female)



CA	Swimmer Name	IISA	Time
<i>none</i>			

## Results

## Age 18 to 24 (Male)

CA	Swimmer Name	IISA	Time
	<i>none</i>		

## Age 18 to 24 (Female)

CA	Swimmer Name	IISA	Time
1	 Pavlína Nováková (24)	Cold	00:11:44
2	 Renata Nováková (23)	Ice	00:12:47



## Age 25 to 29 (Male)

CA	Swimmer Name	IISA	Time
	<i>none</i>		


## Age 25 to 29 (Female)

CA	Swimmer Name	IISA	Time
1	 Victoria Mori (27)	Cold	00:11:48

## Age 30 to 34 (Male)

CA	Swimmer Name	IISA	Time
1	 Krzysztof Kubiak (31)	Ice	00:12:49
2	 Chun Kong Mak (34)	Ice	00:14:13



## Age 30 to 34 (Female)

CA	Swimmer Name	IISA	Time
1	 Kristyna Dykova (33)	Cold	00:15:21
2	 Anja Binder (33)	Ice	00:22:42










## Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time
1	 Rafa? Domeracki (38)	Cold	00:13:37
2	 Jan Sucha (39)	Cold	00:15:34
3	 Jakub Sobola (36)	Cold	00:21:20

## Age 35 to 39 (Female)

CA	Swimmer Name	IISA	Time
1	 Lenka Šlehoverová (38)	Cold	00:15:12
2	 Aldona Skowro?ska (35)	Ice	00:18:15

## Age 40 to 44 (Male)

CA	Swimmer Name	IISA	Time
1	 Jiri Polansky (42)	Ice	00:11:22
2	 Piotr Konopacki (42)	Cold	00:11:47
3	 Richard Nyary (44)	Ice	00:12:44
4	 Zden?k Sláma (42)	Ice	00:13:03
5	 Michal Štengl (42)	Ice	00:14:35
6	 FEDERICO MIOT (43)	Cold	00:15:00
7	 Lukasz Tkacz (41)	Ice	00:16:59
8	 Filip Hejkrlik (41)	Cold	00:17:07
9	 Ireneusz Kordylak (44)	Ice	00:20:06

## Age 40 to 44 (Female)

CA	Swimmer Name	IISA	Time
1	 So?a Hemalová (42)	Cold	00:21:24

## Results

Age 45 to 49 (Male)				Age 45 to 49 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Tomasz Lutkowski (45)	Cold	00:13:07	1	 Alena Demlova (49)	Ice	00:21:16
2	 Marcin Trudnowski (49)	Ice	00:13:11	2	 Ilona Peková (45)	Cold	00:21:46
3	 Michael Hudson (46)	Ice	00:13:48	3	 Martina Otrisalova (45)	Cold	00:23:30
4	 Jacek Juskowiak (46)	Cold	00:14:44				
5	 Mariusz Lebioda (49)	Cold	00:16:11				
6	 Berthold Jeitner (49)	Ice	00:16:16				
7	 Zdenek Tlamicha (48)	Ice	00:16:45				
8	 Marek Grzywa (45)	Ice	00:17:25				
9	 Dušan Hejtmánek (48)	Cold	00:20:05				
10	 Kamil N?me?ek (46)	Cold	00:21:12				
11	 Miloš Paseka (49)	Cold	00:22:35				
Age 50 to 54 (Male)				Age 50 to 54 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Jakub Valnicek (50)	Ice	00:13:25	1	 Tatiana Korona (53)	Cold	00:17:10
2	 Grzegorz Mówi?ski (51)	Cold	00:13:33				
Age 55 to 59 (Male)				Age 55 to 59 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Piotr Damaszkó (56)	Cold	00:17:39	1	 Mirka Novotná (56)	Ice	00:20:41
2	 Mojmir Vaclavek (56)	Ice	00:23:09				
Age 60 to 64 (Male)				Age 60 to 64 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>				<i>none</i>		
Age 65 to 69 (Male)				Age 65 to 69 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>				<i>none</i>		

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

## 750m Freestyle (Solo)

OVERALL (Male)				OVERALL (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Robert Augustynowicz (44)	Cool	00:13:23	1	 Paulina W?odarczyk (29)	Cool	00:11:26
2	 Micha? Manterys (39)	Ice	00:14:25	2	 Monika Schmidova (54)	Cold	00:15:45
3	 Boles?aw Micha?owski (44)	Cool	00:15:09				
4	 Miros?aw Sitek (43)	Cool	00:15:31				
5	 Bart?omiej Nagalewski (44)	Cool	00:16:53				
6	 Piotr Zwonek (53)	Cool	00:17:13				
7	 Klaudiusz St?pniewski (45)	Cold	00:17:40				
Junior (Male)				Junior (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>				<i>none</i>		
Age 18 to 24 (Male)				Age 18 to 24 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>				<i>none</i>		
Age 25 to 29 (Male)				Age 25 to 29 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>			1	 Paulina W?odarczyk (29)	Cool	00:11:26
Age 30 to 34 (Male)				Age 30 to 34 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>				<i>none</i>		
Age 35 to 39 (Male)				Age 35 to 39 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Micha? Manterys (39)	Ice	00:14:25		<i>none</i>		
Age 40 to 44 (Male)				Age 40 to 44 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Robert Augustynowicz (44)	Cool	00:13:23		<i>none</i>		
2	 Boles?aw Micha?owski (44)	Cool	00:15:09				
3	 Miros?aw Sitek (43)	Cool	00:15:31				
4	 Bart?omiej Nagalewski (44)	Cool	00:16:53				
Age 45 to 49 (Male)				Age 45 to 49 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Klaudiusz St?pniewski (45)	Cold	00:17:40		<i>none</i>		
Age 50 to 54 (Male)				Age 50 to 54 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Piotr Zwonek (53)	Cool	00:17:13	1	 Monika Schmidova (54)	Cold	00:15:45

## Results
















Age 55 to 59 (Male)				Age 55 to 59 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
			<i>none</i>				<i>none</i>
Age 60 to 64 (Male)				Age 60 to 64 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
			<i>none</i>				<i>none</i>
Age 65 to 69 (Male)				Age 65 to 69 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
			<i>none</i>				<i>none</i>

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

## 500m Freestyle (Solo)

OVERALL (Male)				OVERALL (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	Maciej Pilc (41)	Cool	00:05:59	1	daiana farrer (34)	Cold	00:09:28
2	Tomasz Lutkowski (45)	Cold	00:06:04	2	Susan Penaluna (57)	Ice	00:09:38
3	Lucas Benitez (29)	Cool	00:06:06	3	Orla Doyle (59)	Cool	00:09:43
4	Jacek Juskowiak (46)	Cold	00:06:35	4	Sabina Koj (35)	Cool	00:10:31
5	FEDERICO MIOT (43)	Cold	00:06:45	5	Victoria Mori (27)	Cold	00:00:00
6	Marcin Schabowski (33)	Cool	00:06:47				
7	Maciej Mazerant (42)	Cool	00:07:32				
8	Vladimir Vokhminov (32)	Cool	00:07:52				
9	Micha? Stefaniak (41)	Cold	00:07:56				
10	Piotr ?witaj (38)	Cool	00:08:20				
11	Pawel Pawlucki (49)	Cool	00:08:42				
12	Dariusz Rojowiec (31)	Cold	00:08:49				
13	Lukasz Majchrzak (29)	Cool	00:08:59				
14	Grzegorz Halor (35)	Cool	00:09:07				
15	Bartek Boksa (40)	Cool	00:09:37				
16	S?awomir Staciwa (47)	Cool	00:11:05				
17	Grzegorz Truchan (59)	Cool	00:11:46				
18	Tadeusz Trocha (42)	Cool	00:11:47				
Junior (Male)				Junior (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>				<i>none</i>		
Age 18 to 24 (Male)				Age 18 to 24 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>				<i>none</i>		
Age 25 to 29 (Male)				Age 25 to 29 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	Lucas Benitez (29)	Cool	00:06:06	1	Victoria Mori (27)	Cold	00:00:00
2	Lukasz Majchrzak (29)	Cool	00:08:59				
Age 30 to 34 (Male)				Age 30 to 34 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	Marcin Schabowski (33)	Cool	00:06:47	1	daiana farrer (34)	Cold	00:09:28
2	Vladimir Vokhminov (32)	Cool	00:07:52				
3	Dariusz Rojowiec (31)	Cold	00:08:49				

## Results









Age 35 to 39 (Male)				Age 35 to 39 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Piotr ?witaj (38)	Cool	00:08:20	1	 Sabina Koj (35)	Cool	00:10:31
2	 Grzegorz Halor (35)	Cool	00:09:07				
Age 40 to 44 (Male)				Age 40 to 44 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Maciej Pilc (41)	Cool	00:05:59		<i>none</i>		
2	 FEDERICO MIOT (43)	Cold	00:06:45				
3	 Maciej Mazerant (42)	Cool	00:07:32				
4	 Micha? Stefaniak (41)	Cold	00:07:56				
5	 Bartek Boksa (40)	Cool	00:09:37				
6	 Tadeusz Trocha (42)	Cool	00:11:47				
Age 45 to 49 (Male)				Age 45 to 49 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Tomasz Lutkowski (45)	Cold	00:06:04		<i>none</i>		
2	 Jacek Juskowiak (46)	Cold	00:06:35				
3	 Pawel Pawlucky (49)	Cool	00:08:42				
4	 S?awomir Staciwa (47)	Cool	00:11:05				
Age 50 to 54 (Male)				Age 50 to 54 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>				<i>none</i>		
Age 55 to 59 (Male)				Age 55 to 59 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Grzegorz Truchan (59)	Cool	00:11:46	1	 Susan Penaluna (57)	Ice	00:09:38
				2	 Orla Doyle (59)	Cool	00:09:43
Age 60 to 64 (Male)				Age 60 to 64 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>				<i>none</i>		
Age 65 to 69 (Male)				Age 65 to 69 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>				<i>none</i>		

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level












## 200m Freestyle (Solo)





























### OVERALL (Male)

CA	Swimmer Name	IISA	Time
1	 Marcin Szarpak (19)	Cool	00:02:15
2	 Krzysztof Nowak (34)	Cool	00:02:35
3	 Daniel Trz?siec (20)	Cool	00:02:42
4	 igor okarmus (44)	Cool	00:03:01
5	 Adam Pycia (54)	Cool	00:03:30
6	 Marcin Bryniarski (44)	Cool	00:03:30
7	 Artur Wrembel (45)	Cool	00:03:32
8	 Kamil Kowalski (36)	Cool	00:03:34
9	 Daniel Pa?osz (47)	Cool	00:03:55
10	 Kamil Bieszczad (18)	Cool	00:03:56
11	 Bartosz Sztaba (39)	Cold	00:03:56
12	 Piotr Tuskiewicz (51)	Cool	00:04:02
13	 Adam Szeremeta (42)	Cool	00:04:04
14	 ?ukasz Rydzyk (42)	Cool	00:04:15
15	 Tomasz Stuczynski (59)	Cool	00:04:16
16	 waldemar balicki (50)	Cool	00:04:31
17	 Bartosz Siara (40)	Cool	00:04:32
18	 Edgar Bronicki (69)	Cool	00:04:33
19	 Tomasz Korpy? (36)	Cool	00:04:39
20	 Peter Hircock (56)	Cool	00:04:44
21	 Marek Bany (44)	Cool	00:05:01
22	 Kamil Gruszka (40)	Cool	00:05:01
23	 Zac Campbell (31)	Cool	00:05:11
24	 Wies?aw Orlikowski (63)	Cool	00:05:25
25	 Pawe? Nalepka (44)	Cool	00:05:27
26	 ?ukasz Pazgan (37)	Cool	00:05:30
27	 Lukasz Kaminski (36)	Cool	00:06:08
28	 Wojtek Winkler (47)	Cool	00:06:09
29	 Szymon Mola (41)	Cool	00:06:35
30	 Paul Bygrave (58)	Cool	00:15:37

### OVERALL (Female)




CA	Swimmer Name	IISA	Time
1	 KATARZYNA GNIOT (40)	Cool	00:03:39
2	 Monika Wilk (44)	Cool	00:03:44
3	 Charlotte Campbell (45)	Cool	00:04:18
4	 Kornelia Januszkiewicz (39)	Cool	00:04:32
5	 Agnieszka Koj (41)	Cool	00:06:05
6	 Ma?gorzata Brac-Walczyk (62)	Cool	00:06:12
7	 Pauline Barker (57)	Ice	00:06:50
8	 Lesley Duncan (61)	Cool	00:06:59
9	 Paula Sims (49)	Cool	00:07:52

## Results




Junior (Male)				Junior (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
<i>none</i>				<i>none</i>			
Age 18 to 24 (Male)				Age 18 to 24 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Marcin Szarpak (19)	Cool	00:02:15	<i>none</i>			
2	 Daniel Trz?siec (20)	Cool	00:02:42				
3	 Kamil Bieszczad (18)	Cool	00:03:56				
Age 25 to 29 (Male)				Age 25 to 29 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
<i>none</i>				<i>none</i>			
Age 30 to 34 (Male)				Age 30 to 34 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Krzysztof Nowak (34)	Cool	00:02:35	<i>none</i>			
2	 Zac Campbell (31)	Cool	00:05:11				
Age 35 to 39 (Male)				Age 35 to 39 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Kamil Kowalski (36)	Cool	00:03:34	1	 Kornelia Januszkiewicz (39)	Cool	00:04:32
2	 Bartosz Sztaba (39)	Cold	00:03:56				
3	 Tomasz Korpy? (36)	Cool	00:04:39				
4	 ?ukasz Pazgan (37)	Cool	00:05:30				
5	 Lukasz Kaminski (36)	Cool	00:06:08				
Age 40 to 44 (Male)				Age 40 to 44 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Igor Okarmus (44)	Cool	00:03:01	1	 KATARZYNA GNIOT (40)	Cool	00:03:39
2	 Marcin Bryniarski (44)	Cool	00:03:30	2	 Monika Wilk (44)	Cool	00:03:44
3	 Adam Szeremeta (42)	Cool	00:04:04	3	 Agnieszka Koj (41)	Cool	00:06:05
4	 ?ukasz Rydzyk (42)	Cool	00:04:15				
5	 Bartosz Siara (40)	Cool	00:04:32				
6	 Marek Bany (44)	Cool	00:05:01				
7	 Kamil Gruszka (40)	Cool	00:05:01				
8	 Pawe? Nalepka (44)	Cool	00:05:27				
9	 Szymon Mola (41)	Cool	00:06:35				
Age 45 to 49 (Male)				Age 45 to 49 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Artur Wrembel (45)	Cool	00:03:32	1	 Charlotte Campbell (45)	Cool	00:04:18
2	 Daniel Pa?osz (47)	Cool	00:03:55	2	 Paula Sims (49)	Cool	00:07:52
3	 Wojtek Winkler (47)	Cool	00:06:09				

## Results


## Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time
1		Adam Pycia (54)	Cool	00:03:30
2		Piotr Tuskiewicz (51)	Cool	00:04:02
3		waldemar balicki (50)	Cool	00:04:31

## Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time
1		Tomasz Stuczynski (59)	Cool	00:04:16
2		Peter Hircock (56)	Cool	00:04:44
3		Paul Bygrave (58)	Cool	00:15:37

## Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time
1		Wiesław Orlikowski (63)	Cool	00:05:25

## Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time
1		Edgar Bronicki (69)	Cool	00:04:33



## Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time
		<i>none</i>		

## Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time
1		Pauline Barker (57)	Ice	00:06:50

## Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time
1		Małgorzata Brac-Walczyk (62)	Cool	00:06:12
2		Lesley Duncan (61)	Cool	00:06:59

## Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time
		<i>none</i>		

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

## 100m Freestyle (Solo)

### OVERALL (Male)

CA	Swimmer Name	IISA	Time
1	 Jerzy Korba (51)	Cool	00:01:04
2	 Andrzej Kowalczyk (29)	Cool	00:01:05
3	 Aleksander Ludynia (41)	Cool	00:01:10
4	 Krzysiek Stawarz (39)	Cool	00:01:12
5	 Adam Miler (18)	Cool	00:01:13
6	 Rafa? Pawlak (31)	Cool	00:01:22
7	 Grzegorz Matras (42)	Cool	00:01:35
8	 B?a?ej ?uchowski (35)	Cool	00:01:35
9	 Lukasz Zenderowski (39)	Cool	00:01:38
10	 Grzegorz Filipkowski (39)	Cool	00:01:40
11	 Mariusz Zygmunt (37)	Cool	00:01:40
12	 Krzysztof Malinowski (49)	Cool	00:01:41
13	 Grzegorz GRZYBCZYK (42)	Cool	00:01:47
14	 Patryk Zygmunt (40)	Cool	00:01:48
15	 JACEK CHARLI?SKI (46)	Cool	00:02:00
16	 Witold Mazur (46)	Cool	00:02:01
17	 Jacek Liber (45)	Cool	00:02:01
18	 Micha? Kami?ski (27)	Cool	00:02:03
19	 Tomasz Szczepa?ski (44)	Cool	00:02:10
20	 Henryk Laskowski (48)	Cool	00:02:12
21	 Artur Durbacz (56)	Cool	00:02:20
22	 Les?aw Chru?ciel (51)	Cool	00:02:41
23	 MARCIN PAJ?K (45)	Cool	00:03:01
24	 Jacek Najder (42)	Cool	00:00:00

### OVERALL (Female)

CA	Swimmer Name	IISA	Time
1	 Martyna Okaj (18)	Cool	00:01:09
2	 Karolina Dziadkiewicz (24)	Cool	00:01:29
3	 Natalia Bauszek (22)	Cool	00:01:33
4	 Natalia Palka (21)	Cool	00:01:48
5	 Zuzanna Kot (28)	Cool	00:01:49
6	 Martyna Stalmach (18)	Cool	00:01:49
7	 TERESA TOMASIK-MICHA?EK (49)	Cool	00:02:53

### Junior (Male)


CA	Swimmer Name	IISA	Time
<i>none</i>			

### Junior (Female)





CA	Swimmer Name	IISA	Time
<i>none</i>			

## Results



## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time
1		Adam Miler (18)	Cool	00:01:13


## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time
1		Martyna Okaj (18)	Cool	00:01:09
2		Karolina Dziadkiewicz (24)	Cool	00:01:29
3		Natalia Bauszek (22)	Cool	00:01:33
4		Natalia Palka (21)	Cool	00:01:48
5		Martyna Stalmach (18)	Cool	00:01:49


## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time
1		Andrzej Kowalczyk (29)	Cool	00:01:05
2		Micha? Kami?ski (27)	Cool	00:02:03

## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time
1		Zuzanna Kot (28)	Cool	00:01:49






## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time
1		Rafa? Pawlak (31)	Cool	00:01:22

## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time
		<i>none</i>		

## Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time
1		Krzysiek Stawarz (39)	Cool	00:01:12
2		B?a?ej ?uchowski (35)	Cool	00:01:35
3		Lukasz Zenderowski (39)	Cool	00:01:38
4		Grzegorz Filipkowski (39)	Cool	00:01:40
5		Mariusz Zygmunt (37)	Cool	00:01:40

## Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time
		<i>none</i>		

## Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time
1		Aleksander Ludynia (41)	Cool	00:01:10
2		Grzegorz Matras (42)	Cool	00:01:35
3		Grzegorz GRZYBCZYK (42)	Cool	00:01:47
4		Patryk Zygmunt (40)	Cool	00:01:48
5		Tomasz Szczepa?ski (44)	Cool	00:02:10
6		Jacek Najder (42)	Cool	00:00:00

## Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time
		<i>none</i>		

## Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time
1		Krzysztof Malinowski (49)	Cool	00:01:41
2		JACEK CHARLI?SKI (46)	Cool	00:02:00
3		Witold Mazur (46)	Cool	00:02:01
4		Jacek Liber (45)	Cool	00:02:01
5		Henryk Laskowski (48)	Cool	00:02:12
6		MARCIN PAJ?K (45)	Cool	00:03:01

## Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time
1		TERESA TOMASIK-MICHA?EK (49)	Cool	00:02:53

## Results

Age 50 to 54 (Male)				Age 50 to 54 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Jerzy Korba (51)	Cool	00:01:04		<i>none</i>		
2	 Les?aw Chru?ciel (51)	Cool	00:02:41				
Age 55 to 59 (Male)				Age 55 to 59 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
1	 Artur Durbacz (56)	Cool	00:02:20		<i>none</i>		
Age 60 to 64 (Male)				Age 60 to 64 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>				<i>none</i>		
Age 65 to 69 (Male)				Age 65 to 69 (Female)			
CA	Swimmer Name	IISA	Time	CA	Swimmer Name	IISA	Time
	<i>none</i>				<i>none</i>		

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

## EVENT DETAILS

**IISA Polish Championships - Silesia Winter Swimming 2020**  
**Sat, 22nd February, 2020**  
**Katowice, lake Szlomiok (Dolina Trzech Stawów)**

<b>Country:</b>	Poland	<b>Water Temperature:</b>	4.00°C
<b>Country Association:</b>	Poland	<b>Air Temperature:</b>	3.00°C
<b>World Champs:</b>	No	<b>Wind Speed:</b>	50.0 km/h
<b>National Champs:</b>	Yes	<b>Wind Chill:</b>	-4.0°C
<b>Referee:</b>	Michal Moravec	<b>Course:</b>	Open Water
<b>Medical Officer:</b>	Micha? Starosolski	<b>Fresh/Salt Water:</b>	Fresh
<b>IISA Official:</b>	Leszek Naziemiec	<b>Event Distances:</b>	1000m Freestyle 750m Freestyle 500m Freestyle 200m Freestyle 100m Freestyle
<b>Event Director:</b>	Lukasz Tkacz		
<b>Event Contact:</b>	Leszek Naziemiec		
<b>Event Email:</b>	leszeknaziemiec@gmail.com		