



# EVENT RESULTS

## Amstel Ice Swim

Sun, 30th December, 2018

Amsterdam, the Amstel, Netherlands



### 200m Freestyle Results

#### OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Raymond Oosterbaan (41)	Cold	03:08.10				
2	Stefan Runge (51)	Cold	03:15.97				
3	Lars Mack (43)	Ice	03:38.87				
4	Mark Thies (49)	Cold	03:43.78				
5	martijn van den Berg (43)	Warm	04:49.67				
6	Koos Hulsbosch (52)	Warm	05:12.09				
7	Nick Verhoeven (27)	Warm	05:21.04				
8	Arthur van Dijk (51)	Cool	07:30.53				

#### OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Marion Joffle (19)	Ice	03:07.56				
2	Birgit Bonauer (32)	Cold	03:11.77				
3	Antje Mexner (49)	Ice	03:43.83				
4	tina deeken (42)	Cool	04:03.09				
5	Kathrin Runge (49)	Cold	04:17.69				
6	Eskil Elfferich (48)	Cool	04:57.94				
7	Els Wermenbol (64)	Cold	05:08.07				
8	Nina Hoegdal (58)	Warm	06:07.03				

#### Junior (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

#### Junior (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

#### Age 18 to 24 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

#### Age 18 to 24 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Marion Joffle (19)	Ice	03:07.56				

#### Age 25 to 29 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Nick Verhoeven (27)	Warm	05:21.04				

#### Age 25 to 29 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

#### Age 30 to 34 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

#### Age 30 to 34 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Birgit Bonauer (32)	Cold	03:11.77				

#### Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

#### Age 35 to 39 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

#### Age 40 to 44 (Male)

#### Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (41)	Cold	03:08.10				
2		Lars Mack (43)	Ice	03:38.87				
3		martijn van den Berg (43)	Warm	04:49.67				

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (42)	Cool	04:03.09				

## Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mark Thies (49)	Cold	03:43.78				

## Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Antje Mexner (49)	Ice	03:43.83				
2		Kathrin Runge (49)	Cold	04:17.69				
3		Eskil Elfferich (48)	Cool	04:57.94				

## Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Stefan Runge (51)	Cold	03:15.97				
2		Koos Hulsbosch (52)	Warm	05:12.09				
3		Arthur van Dijk (51)	Cool	07:30.53				

## Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nina Hoegdal (58)	Warm	06:07.03				

## Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Els Wermenbol (64)	Cold	05:08.07				

## Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level