



EVENT RESULTS

Amstel Ice Swim

Sun, 30th December, 2018

Amsterdam, the Amstel, Netherlands



1000m Freestyle Results

OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Sven Elfferich (17)	Cold	15:06.64				
2	Stefan Runge (51)	Cold	16:43.86				
3	Raymond Oosterbaan (41)	Cold	18:43.25				
4	Alexander Schilder (27)	Cold	18:59.69				
5	Florian Battermann (44)	Ice	21:29.39				
6	Jan Willem Zuilhof (56)	Cold	24:34.25				
7	Peter Hoegdal (57)	Warm	30:25.85				

OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Margot Stenveld (30)	Cold	18:13.80				
2	Kerstin Thomas (48)	Cold	20:01.15				
3	Antje Mexner (49)	Ice	20:23.50				
4	Birna Hrönn Sigurjósottir (46)	Ice	20:27.10				
5	celestine van hoorickx (36)	Ice	20:30.87				
6	Ailén Lascano Micaz (27)	Ice	21:12.15				
7	Goedroen Devos (35)	Ice	23:23.24				
8	Catharina Hoegdal (27)	Warm	24:49.29				
9	Jessica verstegen (37)	Cool	29:15.47				

Junior (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Sven Elfferich (17)	Cold	15:06.64				

Junior (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 18 to 24 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 18 to 24 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 25 to 29 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Alexander Schilder (27)	Cold	18:59.69				

Age 25 to 29 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Ailén Lascano Micaz (27)	Ice	21:12.15				
2	Catharina Hoegdal (27)	Warm	24:49.29				

Age 30 to 34 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 30 to 34 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Margot Stenveld (30)	Cold	18:13.80				

Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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Age 35 to 39 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

1		celestine van hoorickx (36)	Ice	20:30.87
2		Goedroen Devos (35)	Ice	23:23.24
3		Jessica verstegen (37)	Cool	29:15.47

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (41)	Cold	18:43.25				
2		Florian Battermann (44)	Ice	21:29.39				

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kerstin Thomas (48)	Cold	20:01.15				
2		Antje Mexner (49)	Ice	20:23.50				
3		Birna Hrönn Sigurjósðottir (46)	Ice	20:27.10				

Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Stefan Runge (51)	Cold	16:43.86				

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jan Willem Zuilhof (56)	Cold	24:34.25				
2		Peter Hoegdal (57)	Warm	30:25.85				

Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

500m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sven Elfferich (17)	Cold	07:19.77				
2		Stefan Runge (51)	Cold	08:16.67				
3		Alexander Docter (48)	Cool	11:42.81				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marion Joffle (19)	Ice	08:02.36				
2		Birgit Bonauer (32)	Cold	08:25.71				
3		Kerstin Thomas (48)	Cold	09:29.60				
4		jacomina eijkelboom (46)	Warm	10:00.20				
5		Marit Boots (45)	Warm	10:21.60				
6		Kathrin Runge (49)	Cold	10:26.28				
7		tina deeken (42)	Cool	11:14.46				
8		Deb Tyler (58)	Cool	14:02.28				
9		Els Wermenbol (64)	Cold	14:21.13				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sven Elfferich (17)	Cold	07:19.77				


Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marion Joffle (19)	Ice	08:02.36				

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (32)	Cold	08:25.71				

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Female)




	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (42)	Cool	11:14.46				

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alexander Docter (48)	Cool	11:42.81				

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kerstin Thomas (48)	Cold	09:29.60				

2		jacomina eijkelboom (46)	Warm	10:00.20
3		Marit Boots (45)	Warm	10:21.60
4		Kathrin Runge (49)	Cold	10:26.28

Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Stefan Runge (51)	Cold	08:16.67				

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Deb Tyler (58)	Cool	14:02.28				

Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Els Wermenbol (64)	Cold	14:21.13				

Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

PARA Category: 500m Freestyle Results


OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 40 to 44 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken	Cool	11:14.46				

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken	Cool	11:14.46				







CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

200m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (41)	Cold	03:08.10				
2		Stefan Runge (51)	Cold	03:15.97				
3		Lars Mack (43)	Ice	03:38.87				
4		Mark Thies (49)	Cold	03:43.78				
5		martijn van den Berg (43)	Warm	04:49.67				
6		Koos Hulbosch (52)	Warm	05:12.09				
7		Nick Verhoeven (27)	Warm	05:21.04				
8		Arthur van Dijk (51)	Cool	07:30.53				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marion Joffle (19)	Ice	03:07.56				
2		Birgit Bonauer (32)	Cold	03:11.77				
3		Antje Mexner (49)	Ice	03:43.83				
4		tina deeken (42)	Cool	04:03.09				
5		Kathrin Runge (49)	Cold	04:17.69				
6		Eskil Elfferich (48)	Cool	04:57.94				
7		Els Wermenbol (64)	Cold	05:08.07				
8		Nina Hoegdal (58)	Warm	06:07.03				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marion Joffle (19)	Ice	03:07.56				

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nick Verhoeven (27)	Warm	05:21.04				

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (32)	Cold	03:11.77				

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (41)	Cold	03:08.10				
2		Lars Mack (43)	Ice	03:38.87				
3		martijn van den Berg (43)	Warm	04:49.67				

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (42)	Cool	04:03.09				

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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1  Mark Thies (49) Cold 03:43.78

1  Antje Mexner (49) Ice 03:43.83

2  Kathrin Runge (49) Cold 04:17.69

3  Eskil Elfferich (48) Cool 04:57.94

Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
	Stefan Runge (51)	Cold	03:15.97				
	Koos Hulsbosch (52)	Warm	05:12.09				
	Arthur van Dijk (51)	Cool	07:30.53				

Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
	Nina Hoegdal (58)	Warm	06:07.03				

Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
	Els Wermenbol (64)	Cold	05:08.07				

Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

PARA Category: 200m Freestyle Results


OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 40 to 44 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	04:03.09				

Age 40 to 44 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	04:03.09				

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

100m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (41)	Cold	01:23.02				
2		Stefan Runge (51)	Cold	01:29.64				
3		Lars Mack (43)	Ice	01:35.70				
4		Mark Thies (49)	Cold	01:37.47				
5		Jorn Hoofwijk (22)	Cool	01:46.34				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (32)	Cold	01:33.02				
2		Ailén Lascano Micaz (27)	Ice	01:44.02				
3		Andrea Krone (48)	Cool	02:24.03				
4		Margrit Rudolph (64)	Cool	02:26.03				
5		Deb Tyler (58)	Cool	02:32.78				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jorn Hoofwijk (22)	Cool	01:46.34				

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Ailén Lascano Micaz (27)	Ice	01:44.02				

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (32)	Cold	01:33.02				

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (41)	Cold	01:23.02				
2		Lars Mack (43)	Ice	01:35.70				


Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mark Thies (49)	Cold	01:37.47				

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Andrea Krone (48)	Cool	02:24.03				

Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Stefan Runge (51)	Cold	01:29.64				

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Deb Tyler (58)	Cool	02:32.78				

Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Margrit Rudolph (64)	Cool	02:26.03				

Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

50m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Lars Mack (43)	Ice	00:37.17				
2		Stefan Runge (51)	Cold	00:38.48				
3		Christian Hoegdal (25)	Warm	00:40.91				
4		Florian Battermann (44)	Ice	00:41.51				
5		Frederik Hoegdal (21)	Warm	01:05.90				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (32)	Cold	00:40.18				
2		Ailén Lascano Micaz (27)	Ice	00:40.57				
3		Antje Mexner (49)	Ice	00:46.33				
4		Kathrin Runge (49)	Cold	00:50.81				
5		Andrea Krone (48)	Cool	00:53.00				
6		Margrit Rudolph (64)	Cool	00:54.55				
7		Laurence Dalbousiere (54)	Warm	01:05.28				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Frederik Hoegdal (21)	Warm	01:05.90				

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Christian Hoegdal (25)	Warm	00:40.91				

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Ailén Lascano Micaz (27)	Ice	00:40.57				

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (32)	Cold	00:40.18				

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Lars Mack (43)	Ice	00:37.17				
2		Florian Battermann (44)	Ice	00:41.51				

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Antje Mexner (49)	Ice	00:46.33				
2		Kathrin Runge (49)	Cold	00:50.81				

3  Andrea Krone (48) Cool 00:53.00

Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Stefan Runge (51)	Cold	00:38.48				

Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Laurence Dalbousiere (54)	Warm	01:05.28				

Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Margrit Rudolph (64)	Cool	00:54.55				

Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

EVENT DETAILS
Amstel Ice Swim
Sun, 30th December, 2018
Amsterdam, the Amstel

Country:	Netherlands	Water Temperature:	5.70°C
Country Association:	Netherlands	Air Temperature:	7.00°C
GPS Location:	52.29° N 4.83° E	Wind Speed:	8.0 km/h
World Champs:	No	Wind Chill:	5.5°C
National Champs:	No	Course:	Open Water
Referee:	Cor Hesterman	Fresh/Salt Water:	Fresh
Medical Officer:	Jacobus Guijt	Event Distances:	1000m Freestyle 500m Freestyle 200m Freestyle 100m Freestyle 50m Freestyle
IISA Official:	Killian Hesterman		
Event Director:	Fergil Hesterman		
Event Contact:	Fergil Hesterman		
Event Email:	fergil@iisa.nl		