



EVENT RESULTS

7th Ice Swim in Morocco

Sat, 27th January, 2024

Aguelmam Azegza Lake (Khénifra), Morocco



1000m Freestyle Results

OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Kamal Nasrollah (54)	Cold	21:18.00				
2	Alexandre Jobert (32)	Cold	25:54.00				

OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Kanza Yous (26)	Cold	23:34.00				

Junior (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Junior (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 18 to 24 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 18 to 24 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 25 to 29 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 25 to 29 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Kanza Yous (26)	Cold	23:34.00				

Age 30 to 34 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Alexandre Jobert (32)	Cold	25:54.00				

Age 30 to 34 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 35 to 39 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 40 to 44 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 40 to 44 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 45 to 49 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

1  Kamal Nasrollah (54) Cold 21:18.00

NONE

Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					


Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

500m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Amine KHANBOUBI (35)	Cool	09:09.00				
2		Baaoui Hassan (41)	Cool	15:16.00				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Amine KHANBOUBI (35)	Cool	09:09.00				

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Baaoui Hassan (41)	Cool	15:16.00				

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 50 to 54 (Male)



	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Male)

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (45)	Ice	10:59.00				
2		Nadia Kraimi (51)	Cool	14:38.00				

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (45)	Ice	10:59.00				

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nadia Kraimi (51)	Cool	14:38.00				

Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Female)

CA Swimmer Name IISA Time AR ER WR WC

NONE

CA Swimmer Name IISA Time AR ER WR WC

NONE

Age 65 to 69 (Male)

CA Swimmer Name IISA Time AR ER WR WC

NONE

Age 65 to 69 (Female)

CA Swimmer Name IISA Time AR ER WR WC

NONE

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

250m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Hassan Baraka (37)	Ice	04:23.00				
2		Mohamed Amine (29)	Cool	05:59.00				
3		HERVE THOMMASSON	Cool	06:21.00				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mohamed Amine (29)	Cool	05:59.00				

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Hassan Baraka (37)	Ice	04:23.00				

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		HERVE THOMMASSON (58)	Cool	06:21.00				

Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

Age 65 to 69 (Female)













CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE





CA = Country Association **Time** = Swim Time (mm:ss:cc) **IISA** = IISA Membership Level

100m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alain Simac (42)	Cool	01:14.76				
2		reda Moussaoui (39)	Cool	01:24.53				
3		yassine boucetta (30)	Cool	01:35.77				
4		Abdeljalil AITHBIBI (37)	Cool	01:38.47				
5		Houda Khattabi (41)	Cool	01:46.70				
6		Najib Benallal (47)	Cool	01:51.00				
7		Michal Starosolski (42)	Cool	01:53.66				
8		Marouane Lazrag (30)	Cool	02:07.69				
9		Hassan Chahi (58)	Cool	02:13.94				
10		SalahEddine Abbou (21)	Cool	02:14.99				
11		Philippe FAVARD (69)	Cool	02:47.48				
12		Maliji Badr Eddine (34)	Cool	02:59.47				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (45)	Ice	01:28.93				
2		Claudine Schafer (57)	Cool	01:29.77				
3		Kirstie Boyd (35)	Cool	01:38.72				
4		Ghita Naciri (25)	Cool	02:45.47				


Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		SalahEddine Abbou (21)	Cool	02:14.99				


Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					



Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Ghita Naciri (25)	Cool	02:45.47				



Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		yassine boucetta (30)	Cool	01:35.77				
2		Marouane Lazrag (30)	Cool	02:07.69				
3		Maliji Badr Eddine (34)	Cool	02:59.47				

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		reda Moussaoui (39)	Cool	01:24.53				
2		Abdeljalil AITHBIBI (37)	Cool	01:38.47				

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kirstie Boyd (35)	Cool	01:38.72				

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alain Simac (42)	Cool	01:14.76				
2		Houda Khattabi (41)	Cool	01:46.70				
3		Michal Starosolski (42)	Cool	01:53.66				

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Najib Benallal (47)	Cool	01:51.00				

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (45)	Ice	01:28.93				

Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Hassan Chahi (58)	Cool	02:13.94				

Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Claudine Schafer (57)	Cool	01:29.77				

Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Philippe FAVARD (69)	Cool	02:47.48				

Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

50m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alain Simac (42)	Cold	00:32.02				
2		Mohammed Salim TAOUFIK (30)	Cool	00:36.80				
3		Abdeljalil AITHBIBI (37)	Cool	00:38.56				
4		yassine boucetta (30)	Cool	00:38.56				
5		Mohammed Houdali (1)	Cool	00:39.95				
6		Houda Khattabi (41)	Cool	00:43.69				
7		Oussama Metyar (26)	Cool	00:44.80				
8		Vladimir Tarasov (46)	Cool	00:48.22				
9		mohammed lahmidat (20)	Cool	00:48.83				
10		Najib Benallal (47)	Cool	00:49.04				
11		Abd El karim Azarkou (32)	Cool	00:50.03				
12		SalahEddine Abbou (21)	Cool	00:50.98				
13		MUSTAPHA NADIFI (53)	Cool	00:53.94				
14		OUAQQA Soufiane (38)	Cool	00:54.95				
15		Rachid Oufaraj (27)	Cool	00:55.94				
16		Akram Riali (34)	Cool	00:56.62				
17		Houcine Aitraiss (29)	Cool	00:57.54				
18		Rachid Bezzaz (35)	Cool	00:57.54				
19		Philippe FAVARD (69)	Cool	01:06.77				
20		Maliji Badr Eddine (34)	Cool	01:06.86				
21		BEKKAL Mouhcine (36)	Cool	01:11.50				
22		Youssef Nadifi (55)	Cool	01:16.07				
23		ABDELALI GUOUNAIN (25)	Cool	01:26.02				
24		Mouhsine Kassoum (40)	Cool	01:26.02				
25		Soufiane Zahrane (43)	Cool	01:37.04				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sam Deave (35)	Cool	00:37.15				
2		Claudine Schafer (57)	Cool	00:40.60				
3		Jaimie Monahan (45)	Ice	00:40.66				
4		Pollyanna Downes (49)	Cool	00:48.36				
5		Zoe Podmore (55)	Cool	01:02.62				
6		Tere Fuster (26)	Cool	01:03.03				
7		Soukaina Rizki (28)	Cool	01:29.88				
8		Amina Hachimi (38)	Cool	01:38.01				
9		Majda ALAOUI (64)	Cool	01:45.46				
10		Tahfi Soukaina (31)	Cool	02:04.24				
11		Salwa Assaid (46)	Cool	02:20.04				
12		Rajae Hassar (31)	Cool	02:39.95				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		mohammed lahmidat (20)	Cool	00:48.83				
2		SalahEddine Abbou (21)	Cool	00:50.98				

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Oussama Metyar (26)	Cool	00:44.80				
2		Rachid Oufaraj (27)	Cool	00:55.94				
3		Houcine Aitraiss (29)	Cool	00:57.54				
4		ABDELALI GUOUNAIN (25)	Cool	01:26.02				

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tere Fuster (26)	Cool	01:03.03				
2		Soukaina Rizki (28)	Cool	01:29.88				

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mohammed Salim TAOUFIK (30)	Cool	00:36.80				
2		yassine boucetta (30)	Cool	00:38.56				
3		Abd El karim Azarkou (32)	Cool	00:50.03				
4		Akram Riali (34)	Cool	00:56.62				
5		Maliji Badr Eddine (34)	Cool	01:06.86				

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tahfi Soukaina (31)	Cool	02:04.24				
2		Rajae Hassar (31)	Cool	02:39.95				

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Abdeljalil AITHBIBI (37)	Cool	00:38.56				
2		OUAQQA Soufiane (38)	Cool	00:54.95				
3		Rachid Bezzaz (35)	Cool	00:57.54				
4		BEKKAL Mouhcine (36)	Cool	01:11.50				

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sam Deave (35)	Cool	00:37.15				
2		Amina Hachimi (38)	Cool	01:38.01				

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alain Simac (42)	Cold	00:32.02				
2		Houda Khattabi (41)	Cool	00:43.69				
3		Mouhsine Kassoum (40)	Cool	01:26.02				
4		Soufiane Zahrane (43)	Cool	01:37.04				

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Vladimir Tarasov (46)	Cool	00:48.22				
2		Najib Benallal (47)	Cool	00:49.04				

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (45)	Ice	00:40.66				
2		Pollyanna Downes (49)	Cool	00:48.36				
3		Salwa Assaid (46)	Cool	02:20.04				

Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		MUSTAPHA NADIFI (53)	Cool	00:53.94				



Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Youssef Nadifi (55)	Cool	01:16.07				


Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Claudine Schafer (57)	Cool	00:40.60				
2		Zoe Podmore (55)	Cool	01:02.62				

Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Majda ALAOUI (64)	Cool	01:45.46				

Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Philippe FAVARD (69)	Cool	01:06.77				


Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

PARA Category: 50m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		BEKKAL Mouhcine	Cool	01:11.50				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		BEKKAL Mouhcine	Cool	01:11.50				

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

50m Breaststroke Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alain Simac (42)	Cold	00:40.16				
2		Amine KHANBOUBI (35)	Cool	00:41.77				
3		HERVE THOMMASSON (58)	Cool	00:47.33				
4		Mohammed Salim TAOUFIK (30)	Cool	00:47.33				
5		reda Moussaoui (39)	Cool	00:48.73				
6		Vladimir Tarasov (46)	Cool	00:49.69				
7		Abd El karim Azarkou (32)	Cool	00:58.20				
8		Oussama Metyar (26)	Cool	00:58.72				
9		Abdeljalil AITHBIBI (37)	Cool	00:59.43				
10		Rachid Oufaraj (27)	Cool	01:21.39				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (45)	Ice	00:49.49				
2		Sam Deave (35)	Cool	00:51.35				
3		Tere Fuster (26)	Cool	00:56.03				
4		Pollyanna Downes (49)	Cool	00:58.12				
5		Meryam Benstitou (34)	Cool	00:59.97				
6		Kirstie Boyd (35)	Cool	01:00.05				
7		Ghita Naciri (25)	Cool	01:03.10				
8		Zoe Podmore (55)	Cool	01:04.21				
9		Majda ALAOUI (64)	Cool	01:43.84				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Oussama Metyar (26)	Cool	00:58.72				
2		Rachid Oufaraj (27)	Cool	01:21.39				

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tere Fuster (26)	Cool	00:56.03				
2		Ghita Naciri (25)	Cool	01:03.10				

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mohammed Salim TAOUFIK (30)	Cool	00:47.33				
2		Abd El karim Azarkou (32)	Cool	00:58.20				

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Meryam Benstitou (34)	Cool	00:59.97				

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Amine KHANBOUBI (35)	Cool	00:41.77				
2		reda Moussaoui (39)	Cool	00:48.73				
3		Abdeljalil AITHBIBI (37)	Cool	00:59.43				

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sam Deave (35)	Cool	00:51.35				
2		Kirstie Boyd (35)	Cool	01:00.05				

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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1  Alain Simac (42) Cold 00:40.16 NONE

Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Vladimir Tarasov (46)	Cool	00:49.69				

Age 45 to 49 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Jaimie Monahan (45)	Ice	00:49.49				
2	 Pollyanna Downes (49)	Cool	00:58.12				

Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 HERVE THOMMASSON (58)	Cool	00:47.33				

Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Zoe Podmore (55)	Cool	01:04.21				

Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Majda ALAOUI (64)	Cool	01:43.84				

Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

EVENT DETAILS
7th Ice Swim in Morocco
Sat, 27th January, 2024
Aguelmam Azegza Lake (Khénifra)

Country:	Morocco	Water Temperature:	0.00°C
Country Association:	Morocco	Air Temperature:	0.00°C
GPS Location:	32.58° N 5.26° W	Wind Speed:	0.0 km/h
Altitude:	1475m	Wind Chill:	0.0°C
World Champs:	No	Course:	Open Water
National Champs:	Yes	Fresh/Salt Water:	Fresh
Referee:	Hassan Baraka	Event Distances:	1000m Freestyle
Medical Officer:	Michal Starosolski		500m Freestyle
IISA Official:	Hassan Baraka		250m Freestyle
Event Director:	Hassan Baraka		100m Freestyle
Event Contact:	Hassan Baraka		50m Freestyle
Event Email:	contact@swiminmorocco.com		50m Breaststroke