



# EVENT RESULTS

## Matroosberg Ice Swim

Fri, 19 Aug 2022 - Sun, 21 Aug 2022

Matroosberg Nature Reserve, Ceres, South Africa, South Africa



### 500m Freestyle Results

#### OVERALL (Male)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### OVERALL (Female)

| CA | Swimmer Name    | IISA | Time     | AR | ER | WR | WC |
|----|-----------------|------|----------|----|----|----|----|
| 1  | Tanya Gist (38) | Warm | 08:42.47 |    |    |    |    |
| 2  | Ryna Cilliers   | Warm | 11:29.65 |    |    |    |    |

#### Junior (Male)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### Junior (Female)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### Age 18 to 24 (Male)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### Age 18 to 24 (Female)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### Age 25 to 29 (Male)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### Age 25 to 29 (Female)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### Age 30 to 34 (Male)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### Age 30 to 34 (Female)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### Age 35 to 39 (Male)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### Age 35 to 39 (Female)

| CA | Swimmer Name    | IISA | Time     | AR | ER | WR | WC |
|----|-----------------|------|----------|----|----|----|----|
| 1  | Tanya Gist (38) | Warm | 08:42.47 |    |    |    |    |

#### Age 40 to 44 (Male)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### Age 40 to 44 (Female)

| CA | Swimmer Name       | IISA | Time     | AR | ER | WR | WC |
|----|--------------------|------|----------|----|----|----|----|
| 1  | Ryna Cilliers (41) | Warm | 11:29.65 |    |    |    |    |

#### Age 45 to 49 (Male)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### Age 45 to 49 (Female)

| CA | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|----|--------------|------|------|----|----|----|----|
|    |              | NONE |      |    |    |    |    |

#### Age 50 to 54 (Male)

#### Age 50 to 54 (Female)

| CA   | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|------|--------------|------|------|----|----|----|----|
| NONE |              |      |      |    |    |    |    |

| CA   | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|------|--------------|------|------|----|----|----|----|
| NONE |              |      |      |    |    |    |    |

**Age 55 to 59 (Male)**

| CA   | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|------|--------------|------|------|----|----|----|----|
| NONE |              |      |      |    |    |    |    |

**Age 55 to 59 (Female)**

| CA   | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|------|--------------|------|------|----|----|----|----|
| NONE |              |      |      |    |    |    |    |

**Age 60 to 64 (Male)**

| CA   | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|------|--------------|------|------|----|----|----|----|
| NONE |              |      |      |    |    |    |    |

**Age 60 to 64 (Female)**

| CA   | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|------|--------------|------|------|----|----|----|----|
| NONE |              |      |      |    |    |    |    |

**Age 65 to 69 (Male)**

| CA   | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|------|--------------|------|------|----|----|----|----|
| NONE |              |      |      |    |    |    |    |

**Age 65 to 69 (Female)**

| CA   | Swimmer Name | IISA | Time | AR | ER | WR | WC |
|------|--------------|------|------|----|----|----|----|
| NONE |              |      |      |    |    |    |    |

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level