



EVENT RESULTS

Green Heart Ice Swim 2023

Sat, 4 Feb 2023 - Sun, 5 Feb 2023

Bodegraven-Reeuwijk, Netherlands



250m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (21)	Cold	03:44.19				
2		Fenwick Ridley (38)	Ice	04:11.96				
3		Christian Carlie (49)	Cold	04:40.66				
4		Theo van der Meer (58)	Ice	04:44.49				
5		Erik Huisman (55)	Warm	04:57.61				
6		nico groen (72)	Warm	06:01.02				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Petra Guijt (47)	Cool	03:58.55				
2		Linda Hoogendam (40)	Cold	04:17.44				
3		Karin van Nassau van den Heuvel (57)	Warm	04:39.48				
4		Britt Kraaijevanger (31)	Cool	05:04.30				
5		marije Dirkx (41)	Cold	05:08.38				
6		Naomi Apfelbaum Lubek (50)	Cool	05:16.67				
7		Willie van der borden (55)	Cool	06:12.06				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (21)	Cold	03:44.19				

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Britt Kraaijevanger (31)	Cool	05:04.30				

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fenwick Ridley (38)	Ice	04:11.96				

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE				1		Linda Hoogendam (40)	Cold	04:17.44
				2		marije Dirkx (41)	Cold	05:08.38

Age 45 to 49 (Male)								
CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
1	 Christian Carlie (49)	Cold	04:40.66					

Age 45 to 49 (Female)								
CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
1	 Petra Guijt (47)	Cool	03:58.55					

Age 50 to 54 (Male)								
CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
NONE								

Age 50 to 54 (Female)								
CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
1	 Naomi Apfelbaum Lubek (50)	Cool	05:16.67					

Age 55 to 59 (Male)								
CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
1	 Theo van der Meer (58)	Ice	04:44.49					
2	 Erik Huisman (55)	Warm	04:57.61					

Age 55 to 59 (Female)								
CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
1	 Karin van Nassau van den Heuvel (57)	Warm	04:39.48					
2	 Willie van der borden (55)	Cool	06:12.06					

Age 60 to 64 (Male)								
CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
NONE								

Age 60 to 64 (Female)								
CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
NONE								

Age 65 to 69 (Male)								
CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
NONE								

Age 65 to 69 (Female)								
CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
NONE								

Age 70 to 74 (Male)								
CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
1	 nico groen (72)	Warm	06:01.02					

Age 70 to 74 (Female)								
CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	
NONE								

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level