



EVENT RESULTS

Green Heart Ice Swim 2023

Sat, 4 Feb 2023 - Sun, 5 Feb 2023

Bodegraven-Reeuwijk, Netherlands



1000m Freestyle Results

OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Fenwick Ridley (38)	Ice	19:30.65				
2	Florian Battermann (49)	Ice	19:40.84				
3	Christian Carlie (49)	Cold	20:37.23				
4	Edwin Romijn (56)	Cool	20:37.25				
5	Theo van der Meer (58)	Ice	22:06.86				
6	Hanc de Bokx (52)	Cool	25:12.44				
7	Itamar Nitzan (48)	Warm	32:30.08				

OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Anja Ruven (42)	Cold	19:07.04				
2	Lilianne Sweere (26)	Cold	19:09.14				
3	celestine van hoorickx (41)	Ice	19:46.30				
4	Katy Smith (44)	Warm	20:05.91				
5	marije Dirx (41)	Cold	20:10.25				
6	Inge Wolfs (63)	Cool	21:36.78				
7	Marianne Purmer (48)	Cool	23:57.91				

Junior (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Junior (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 18 to 24 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 18 to 24 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 25 to 29 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 25 to 29 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Lilianne Sweere (26)	Cold	19:09.14				

Age 30 to 34 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 30 to 34 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Fenwick Ridley (38)	Ice	19:30.65				

Age 35 to 39 (Female)




CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 40 to 44 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 40 to 44 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Anja Ruven (42)	Cold	19:07.04				

2		celestine van hoorickx (41)	Ice	19:46.30
3		Katy Smith (44)	Warm	20:05.91
4		marije Dirkx (41)	Cold	20:10.25


Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Florian Battermann (49)	Ice	19:40.84				
2		Christian Carlie (49)	Cold	20:37.23				
3		Itamar Nitzan (48)	Warm	32:30.08				

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marianne Purmer (48)	Cool	23:57.91				



Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Hanc de Bokx (52)	Cool	25:12.44				

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Edwin Romijn (56)	Cool	20:37.25				
2		Theo van der Meer (58)	Ice	22:06.86				

Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Inge Wolfs (63)	Cool	21:36.78				

Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

500m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fergil Hesterman (30)	Ice	07:36.52				
2		Fenwick Ridley (38)	Ice	09:08.85				
3		Florian Battermann (49)	Ice	09:44.00				
4		Edwin Romijn (56)	Cool	09:49.43				
5		Christian Carlie (49)	Cold	10:08.62				
6		Theo van der Meer (58)	Ice	10:52.00				
7		Erik Huisman (55)	Warm	11:13.65				
8		Hanc de Bokx (52)	Cool	11:43.71				
9		Piet Muilwijk (69)	Warm	14:36.12				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Linda Hoogendam (40)	Cold	08:55.71				
2		Iris van Aurich (54)	Cool	09:05.76				
3		Anja Ruven (42)	Cold	09:06.25				
4		Karin van Nassau van den Heuvel (57)	Warm	09:31.61				
5		Katy Smith (44)	Warm	09:54.41				
6		tina deeken (47)	Cool	10:06.54				
7		Inge Wolfs (63)	Cool	10:07.16				
8		Naomi Apfelbaum Lubek (50)	Cool	11:17.45				
9		Marianne Purmer (48)	Cool	11:32.84				
10		Grietje Van der Hoek (49)	Cool	11:45.22				
11		Nienke Hendriks Tuininga (43)	Warm	12:33.22				
12		Marjon van der Harst (62)	Warm	12:59.96				
13		Ida de Rooij (70)	Warm	18:31.20				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fergil Hesterman (30)	Ice	07:36.52				

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fenwick Ridley (38)	Ice	09:08.85				

Age 35 to 39 (Female)




	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Female)




	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Linda Hoogendam (40)	Cold	08:55.71				

2		Anja Ruven (42)	Cold	09:06.25
3		Katy Smith (44)	Warm	09:54.41
4		Nienke Hendriks Tuininga (43)	Warm	12:33.22


Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Florian Battermann (49)	Ice	09:44.00				
2		Christian Carlie (49)	Cold	10:08.62				



Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (47)	Cool	10:06.54				
2		Marianne Purmer (48)	Cool	11:32.84				
3		Grietje Van der Hoek (49)	Cool	11:45.22				




Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Hanc de Bokx (52)	Cool	11:43.71				

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Iris van Aurich (54)	Cool	09:05.76				
2		Naomi Apfelbaum Lubek (50)	Cool	11:17.45				

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Edwin Romijn (56)	Cool	09:49.43				
2		Theo van der Meer (58)	Ice	10:52.00				
3		Erik Huisman (55)	Warm	11:13.65				



Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Karin van Nassau van den Heuvel (57)	Warm	09:31.61				

Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Inge Wolfs (63)	Cool	10:07.16				
2		Marjon van der Harst (62)	Warm	12:59.96				

Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Piet Muilwijk (69)	Warm	14:36.12				

Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 70 to 74 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 70 to 74 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Ida de Rooij (70)	Warm	18:31.20				


CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

PARA Category: 500m Freestyle Results

OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	10:06.54				

Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 45 to 49 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	10:06.54				








CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

250m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (21)	Cold	03:44.19				
2		Fenwick Ridley (38)	Ice	04:11.96				
3		Christian Carlie (49)	Cold	04:40.66				
4		Theo van der Meer (58)	Ice	04:44.49				
5		Erik Huisman (55)	Warm	04:57.61				
6		nico groen (72)	Warm	06:01.02				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Petra Guijt (47)	Cool	03:58.55				
2		Linda Hoogendam (40)	Cold	04:17.44				
3		Karin van Nassau van den Heuvel (57)	Warm	04:39.48				
4		Britt Kraaijevanger (31)	Cool	05:04.30				
5		marije Dirkx (41)	Cold	05:08.38				
6		Naomi Apfelbaum Lubek (50)	Cool	05:16.67				
7		Willie van der borden (55)	Cool	06:12.06				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (21)	Cold	03:44.19				

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Britt Kraaijevanger (31)	Cool	05:04.30				

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fenwick Ridley (38)	Ice	04:11.96				

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Linda Hoogendam (40)	Cold	04:17.44				
2		marije Dirkx (41)	Cold	05:08.38				

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Christian Carlie (49)	Cold	04:40.66				


Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Petra Guijt (47)	Cool	03:58.55				



Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					



Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Naomi Apfelbaum Lubek (50)	Cool	05:16.67				

Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Theo van der Meer (58)	Ice	04:44.49				
2	 Erik Huisman (55)	Warm	04:57.61				

Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Karin van Nassau van den Heuvel (57)	Warm	04:39.48				
2	 Willie van der borden (55)	Cool	06:12.06				

Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					


Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 70 to 74 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 nico groen (72)	Warm	06:01.02				

Age 70 to 74 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

100m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (21)	Cold	01:14.41				
2		Frank Boot (56)	Cool	01:16.30				
3		Tobias Prüßner (43)	Cold	01:20.59				
4		Fenwick Ridley (38)	Ice	01:26.28				
5		Peter Groot (66)	Warm	01:44.51				
6		Hanc de Bokx (52)	Cool	01:55.54				
7		nico groen (72)	Warm	02:04.41				
8		Erik Lambooy (65)	Cool	02:11.26				
9		Amanda Cooiman-Sakkers (47)	Warm	02:43.10				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Janneke Harmsen Bakker (46)	Cool	01:16.50				
2		Lilianne Sweere (26)	Cold	01:24.23				
3		Anja Ruven (42)	Cold	01:33.97				
4		tina deeken (47)	Cool	01:38.01				
5		marije Dirx (41)	Cold	01:53.91				
6		Wietske Timmermans (47)	Warm	01:54.81				
7		Marianne Purmer (48)	Cool	01:55.80				
8		Grietje Van der Hoek (49)	Cool	01:55.84				
9		Marleen Keijlard (61)	Warm	02:17.01				
10		Addy De Meester (71)	Cool	02:34.65				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (21)	Cold	01:14.41				

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Lilianne Sweere (26)	Cold	01:24.23				

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fenwick Ridley (38)	Ice	01:26.28				

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tobias Prüßner (43)	Cold	01:20.59				

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Anja Ruven (42)	Cold	01:33.97				
2		marije Dirx (41)	Cold	01:53.91				

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Amanda Cooman-Sakkers (47)	Warm	02:43.10				

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Janneke Harmsen Bakker (46)	Cool	01:16.50				
2		tina deeken (47)	Cool	01:38.01				
3		Wietske Timmermans (47)	Warm	01:54.81				
4		Marianne Purmer (48)	Cool	01:55.80				
5		Grietje Van der Hoek (49)	Cool	01:55.84				

Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Hanc de Bokx (52)	Cool	01:55.54				

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Frank Boot (56)	Cool	01:16.30				

Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marleen Keijlard (61)	Warm	02:17.01				

Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Peter Groot (66)	Warm	01:44.51				
2		Erik Lambooy (65)	Cool	02:11.26				


Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 70 to 74 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		nico groen (72)	Warm	02:04.41				

Age 70 to 74 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Addy De Meester (71)	Cool	02:34.65				


CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

PARA Category: 100m Freestyle Results

OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	01:38.01				

Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					



Age 45 to 49 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	01:38.01				

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

100m Breaststroke Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (21)	Cold	01:34.78				
2		Frank Boot (56)	Cool	01:36.71				
3		Erik Bloemendaal (37)	Cool	01:40.81				
4		Tobias Prüßner (43)	Cold	01:52.96				
5		Edwin Romijn (56)	Cool	02:00.63				
6		Theo van der Meer (58)	Ice	02:13.69				
7		Niels Van Gijssel (51)	Cool	02:32.48				
8		Harry Willemse (65)	Warm	03:28.41				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Iris van Aurich (54)	Cool	01:44.87				
2		Naomi Apfelbaum Lubek (50)	Cool	01:57.42				
3		marije Dirx (41)	Cold	02:00.72				
4		Inge Wolfs (63)	Cool	02:13.53				
5		Wietske Timmermans (47)	Warm	02:13.54				
6		tina deeken (47)	Cool	02:17.67				
7		Marleen Keijlard (61)	Warm	02:23.55				
8		Ursula Tibon (60)	Cool	02:47.64				
9		Lizenka Van der Meij (53)	Warm	02:50.99				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (21)	Cold	01:34.78				

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Erik Bloemendaal (37)	Cool	01:40.81				

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tobias Prüßner (43)	Cold	01:52.96				



Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		marije Dirx (41)	Cold	02:00.72				


Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					




Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Wietske Timmermans (47)	Warm	02:13.54				
2		tina deeken (47)	Cool	02:17.67				

Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Niels Van Gijssel (51)	Cool	02:32.48				

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Iris van Aurich (54)	Cool	01:44.87				
2		Naomi Apfelbaum Lubek (50)	Cool	01:57.42				
3		Lizenka Van der Meij (53)	Warm	02:50.99				

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Frank Boot (56)	Cool	01:36.71				
2		Edwin Romijn (56)	Cool	02:00.63				
3		Theo van der Meer (58)	Ice	02:13.69				




Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Inge Wolfs (63)	Cool	02:13.53				
2		Marleen Keijlard (61)	Warm	02:23.55				
3		Ursula Tibon (60)	Cool	02:47.64				

Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Harry Willemse (65)	Warm	03:28.41				

Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

PARA Category: 100m Breaststroke Results

OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					


OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	02:17.67				

Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 45 to 49 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	02:17.67				

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

50m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (21)	Cold	00:35.57				
2		Tobias Prüßner (43)	Cold	00:37.32				
3		Frank Boot (56)	Cool	00:37.48				
4		Fenwick Ridley (38)	Ice	00:41.71				
5		Erik Lambooy (65)	Cool	01:04.02				
6		Wiebe de Wolf (65)	Cool	01:07.10				
7		Amanda Cooiman-Sakkers (47)	Warm	01:12.51				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		marije Dirx (41)	Cold	00:49.10				
2		tina deeken (47)	Cool	00:50.79				
3		Wietske Timmermans (47)	Warm	00:52.37				
4		Marleen Keijlard (61)	Warm	01:05.61				
5		Ursula Tibon (60)	Cool	01:18.04				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (21)	Cold	00:35.57				

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fenwick Ridley (38)	Ice	00:41.71				

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tobias Prüßner (43)	Cold	00:37.32				



Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		marije Dirx (41)	Cold	00:49.10				

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Amanda Cooiman-Sakkers (47)	Warm	01:12.51				

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (47)	Cool	00:50.79				
2		Wietske Timmermans (47)	Warm	00:52.37				

Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Frank Boot (56)	Cool	00:37.48				



Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					



Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Marleen Keijlard (61)	Warm	01:05.61				
2	 Ursula Tibon (60)	Cool	01:18.04				

Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Erik Lambooy (65)	Cool	01:04.02				
2	 Wiebe de Wolf (65)	Cool	01:07.10				

Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					


CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

PARA Category: 50m Freestyle Results

OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					


OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	00:50.79				

Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 45 to 49 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	00:50.79				

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

50m Breaststroke Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (21)	Cold	00:46.58				
2		Frank Boot (56)	Cool	00:47.92				
3		Harry Willemse (65)	Warm	01:33.78				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kyra Wijnker (25)	Cold	00:49.55				
2		marije Dirx (41)	Cold	00:56.80				
3		Naomi Apfelbaum Lubek (50)	Cool	01:00.07				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (21)	Cold	00:46.58				

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kyra Wijnker (25)	Cold	00:49.55				

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		marije Dirx (41)	Cold	00:56.80				

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Naomi Apfelbaum Lubek (50)	Cool	01:00.07				

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Frank Boot (56)	Cool	00:47.92				

Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Harry Willemse (65)	Warm	01:33.78				

Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

EVENT DETAILS**Green Heart Ice Swim 2023
Sat, 4 Feb 2023 - Sun, 5 Feb 2023
Bodegraven-Reeuwijk**

Country:	Netherlands	Water Temperature:	5.70°C
Country Association:	Netherlands	Air Temperature:	0.00°C
Altitude:	sea level	Wind Speed:	0.0 km/h
World Champs:	No	Wind Chill:	0.0°C
National Champs:	No	Course:	Open Water
Referee:	Alexander Docter	Fresh/Salt Water:	Fresh
Medical Officer:	Merel Van Dijk	Event Distances:	1000m Freestyle
IISA Official:	Alexander Docter		500m Freestyle
Event Director:	Arthur Van Dijk		250m Freestyle
Event Contact:	Arthur van Dijk		100m Freestyle
Event Email:	info@greenhearticeswim.nl		100m Breaststroke
			50m Freestyle
			50m Breaststroke