



## EVENT RESULTS

## Amsterdam Ice Swim

Sat, 17 Dec 2022 - Sun, 18 Dec 2022

Amsterdam, Netherlands



## 1000m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fergil Hesterman (29)	Ice	13:55.15				
2		Stefan Runge (55)	Cold	15:11.89				
3		Henry Lykke Stokholm (53)	Ice	15:33.17				
4		Roel Janssen (20)	Cold	16:01.28				
5		Florian Battermann (48)	Ice	17:26.44				
6		Kevin AUDOUY (26)	Ice	18:30.93				
7		Christian Carlie (48)	Cold	18:56.61				
8		Charalampos Theodosis (46)	Cold	19:04.67				
9		Theo van der Meer (57)	Ice	20:36.21				
10		William van Overveld (58)	Cold	21:51.26				
11		Louis PELERIN (43)	Cold	23:26.67				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kyra Wijnker (24)	Cold	14:54.99				
2		Lene Noerboege (59)	Ice	16:47.49				
3		Lilianne Sweere (25)	Cold	17:17.15				
4		Anja Ruven (41)	Cold	17:25.26				
5		Nadja joy Tønnesen (35)	Ice	17:35.83				
6		Barbara Resch (52)	Cold	18:01.84				
7		marije Dirx (40)	Cold	18:24.38				
8		celestine van hoorickx (40)	Ice	18:36.00				
9		Annabel Médard (43)	Ice	23:24.53				

## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (20)	Cold	16:01.28				

## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kyra Wijnker (24)	Cold	14:54.99				

## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fergil Hesterman (29)	Ice	13:55.15				
2		Kevin AUDOUY (26)	Ice	18:30.93				

## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Lilianne Sweere (25)	Cold	17:17.15				

## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 35 to 39 (Male)





## Age 35 to 39 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE						1	 Nadja joy Tønnesen (35)	Ice	17:35.83				

**Age 40 to 44 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Louis PELERIN (43)	Cold	23:26.67				

**Age 40 to 44 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Anja Ruven (41)	Cold	17:25.26				
2	 marije Dirkx (40)	Cold	18:24.38				
3	 celestine van hoorickx (40)	Ice	18:36.00				
4	 Annabel Médard (43)	Ice	23:24.53				


**Age 45 to 49 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Florian Battermann (48)	Ice	17:26.44				
2	 Christian Carlie (48)	Cold	18:56.61				
3	 Charalampos Theodosios (46)	Cold	19:04.67				

**Age 45 to 49 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 50 to 54 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Henry Lykke Stokholm (53)	Ice	15:33.17				

**Age 50 to 54 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Barbara Resch (52)	Cold	18:01.84				

**Age 55 to 59 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Stefan Runge (55)	Cold	15:11.89				
2	 Theo van der Meer (57)	Ice	20:36.21				
3	 William van Overveld (58)	Cold	21:51.26				

**Age 55 to 59 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Lene Noerboege (59)	Ice	16:47.49				

**Age 60 to 64 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 60 to 64 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 65 to 69 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 65 to 69 (Female)**


CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

**PARA Category: 1000m Freestyle Results****OVERALL (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**OVERALL (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Nadja joy Tønnesen	Ice	17:35.83				
















**Age 35 to 39 (Male)****Age 35 to 39 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE						1	 Nadja joy Tønnesen	Ice	17:35.83				



















CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

## 500m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fergil Hesterman (29)	Ice	06:42.67				
2		Stefan Runge (55)	Cold	07:01.33				
3		Henry Lykke Stokholm (53)	Ice	07:09.34				
4		Rene Knijpstra (34)	Cool	08:06.67				
5		Florian Battermann (48)	Ice	08:12.47				
6		Mark Thies (53)	Cold	08:17.29				
7		Charalampos Theodosis (46)	Cold	08:54.14				
8		Kevin AUDOUY (26)	Ice	08:57.70				
9		Christian Carlie (48)	Cold	08:59.40				
10		Edwin Romijn (55)	Cool	09:04.89				
11		RYUSAKU KUBOTA (53)	Cold	09:11.19				
12		Theo van der Meer (57)	Ice	09:28.39				
13		pepijn kluytmans (24)	Cool	10:16.32				
14		Lennard Doodeman (24)	Cool	10:23.77				
15		Hanc de Bokx (51)	Cool	10:38.01				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kyra Wijnker (24)	Cold	07:01.42				
2		Lilianne Sweere (25)	Cold	08:02.90				
3		Linda Hoogendam (39)	Cold	08:21.66				
4		Lene Noerboege (59)	Ice	08:33.41				
5		Iris van Aurich (53)	Cool	08:35.33				
6		marije Dirx (40)	Cold	08:41.35				
7		Nadja joy Tønnesen (35)	Ice	08:58.00				
8		Britt Kraaijevanger (30)	Cool	09:02.71				
9		tina deeken (46)	Cool	09:21.11				
10		Kathrin Runge (53)	Cold	09:34.12				
11		Marianne Purmer (47)	Cool	10:07.08				
12		Grietje Van der Hoek (48)	Cool	10:22.67				
13		Ineke Telgen (61)	Cool	10:24.31				
14		Stefania Storace (64)	Cold	10:36.63				
15		Julia Zeen (45)	Cool	10:50.21				
16		Ferron Sandrine (35)	Cool	11:27.54				
17		Cora Kombrink (58)	Cool	12:11.31				
18		Willie van der borden (54)	Cool	14:07.00				



## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					



## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		pepijn kluytmans (24)	Cool	10:16.32				
2		Lennard Doodeman (24)	Cool	10:23.77				


## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kyra Wijnker (24)	Cold	07:01.42				

## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fergil Hesterman (29)	Ice	06:42.67				
2		Kevin AUDOUY (26)	Ice	08:57.70				

## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Lilianne Sweere (25)	Cold	08:02.90				

## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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1  Rene Knijpstra (34) Cool 08:06.671  Britt Kraaijevanger (30) Cool 09:02.71**Age 35 to 39 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 35 to 39 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Linda Hoogendam (39)	Cold	08:21.66				
2	 Nadja joy Tønnesen (35)	Ice	08:58.00				
3	 Ferron Sandrine (35)	Cool	11:27.54				




**Age 40 to 44 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					


**Age 40 to 44 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 marije Dirx (40)	Cold	08:41.35				





**Age 45 to 49 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Florian Battermann (48)	Ice	08:12.47				
2	 Charalampos Theodosios (46)	Cold	08:54.14				
3	 Christian Carlie (48)	Cold	08:59.40				

**Age 45 to 49 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken (46)	Cool	09:21.11				
2	 Marianne Purmer (47)	Cool	10:07.08				
3	 Grietje Van der Hoek (48)	Cool	10:22.67				
4	 Julia Zeen (45)	Cool	10:50.21				

**Age 50 to 54 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Henry Lykke Stokholm (53)	Ice	07:09.34				
2	 Mark Thies (53)	Cold	08:17.29				
3	 RYUSAKU KUBOTA (53)	Cold	09:11.19				
4	 Hanc de Bokx (51)	Cool	10:38.01				



**Age 50 to 54 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Iris van Aurich (53)	Cool	08:35.33				
2	 Kathrin Runge (53)	Cold	09:34.12				
3	 Willie van der borden (54)	Cool	14:07.00				

**Age 55 to 59 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Stefan Runge (55)	Cold	07:01.33				
2	 Edwin Romijn (55)	Cool	09:04.89				
3	 Theo van der Meer (57)	Ice	09:28.39				

**Age 55 to 59 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Lene Noerboege (59)	Ice	08:33.41				
2	 Cora Kombrink (58)	Cool	12:11.31				

**Age 60 to 64 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 60 to 64 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Ineke Telgen (61)	Cool	10:24.31				
2	 Stefania Storace (64)	Cold	10:36.63				

**Age 65 to 69 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 65 to 69 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**CA** = Country Association   **Time** = Swim Time (mm:ss:cc)   **IISA** = IISA Membership Level

## PARA Category: 500m Freestyle Results

### OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					



### Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nadja joy Tønnesen (35)	Ice	08:58.00				
2		tina deeken	Cool	09:21.11				

### Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nadja joy Tønnesen (35)	Ice	08:58.00				











### Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (46)	Cool	09:21.11				













CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

## 250m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Henry Lykke Stokholm (53)	Ice	03:24.98				
2		Roel Janssen (20)	Cold	03:30.11				
3		Robert Gardien (57)	Cool	03:45.21				
4		Rob van Wanrooy (40)	Cool	03:46.40				
5		Peer van Bemmelen (21)	Cool	03:50.93				
6		Niklas Kalcher (44)	Cool	04:16.76				
7		Jonne Tiili (26)	Cool	04:17.72				
8		Kevin AUDOUY (26)	Ice	04:26.23				
9		Christian Carlie (48)	Cold	04:38.57				
10		Hanc de Bokx (51)	Cool	05:02.50				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Stephanie Schaeffer (52)	Cool	04:05.36				
2		Kathrin Runge (53)	Cold	04:15.02				
3		Nadja joy Tønnesen (35)	Ice	04:32.43				
4		Kim Willems (45)	Cool	04:33.16				
5		Rona Eijkelhoff (66)	Cool	04:48.32				
6		Giovanna Barletta (57)	Cool	04:51.92				
7		Naomi Apfelbaum Lubek (49)	Cool	05:05.35				
8		Marianne Purmer (47)	Cool	05:06.94				
9		Julia Zeen (45)	Cool	05:20.24				
10		Ferron Sandrine (35)	Cool	05:38.81				
11		Sarah Pigozzi (32)	Cool	05:50.74				
12		Laurin Heemskerck-Stevens (78)	Cool	06:50.99				

## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					



## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (20)	Cold	03:30.11				
2		Peer van Bemmelen (21)	Cool	03:50.93				

## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jonne Tiili (26)	Cool	04:17.72				
2		Kevin AUDOUY (26)	Ice	04:26.23				

## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					



## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sarah Pigozzi (32)	Cool	05:50.74				

## Age 35 to 39 (Male)



	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nadja joy Tønnesen (35)	Ice	04:32.43				
2		Ferron Sandrine (35)	Cool	05:38.81				



**Age 40 to 44 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Rob van Wanrooy (40)	Cool	03:46.40				
2		Niklas Kalcher (44)	Cool	04:16.76				





**Age 40 to 44 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE



**Age 45 to 49 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Christian Carlie (48)	Cold	04:38.57				



**Age 45 to 49 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kim Willems (45)	Cool	04:33.16				
2		Naomi Apfelbaum Lubek (49)	Cool	05:05.35				
3		Marianne Purmer (47)	Cool	05:06.94				
4		Julia Zeen (45)	Cool	05:20.24				

**Age 50 to 54 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Henry Lykke Stokholm (53)	Ice	03:24.98				
2		Hanc de Bokx (51)	Cool	05:02.50				

**Age 50 to 54 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Stephanie Schaeffer (52)	Cool	04:05.36				
2		Kathrin Runge (53)	Cold	04:15.02				

**Age 55 to 59 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Robert Gardien (57)	Cool	03:45.21				

**Age 55 to 59 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Giovanna Barletta (57)	Cool	04:51.92				

**Age 60 to 64 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE

**Age 60 to 64 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE

**Age 65 to 69 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE

**Age 65 to 69 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Rona Eijkelhoff (66)	Cool	04:48.32				

**Age 75 to 79 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE

**Age 75 to 79 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Laurin Heemskerk-Stevens (78)	Cool	06:50.99				

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

## PARA Category: 250m Freestyle Results

### OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Nadja joy Tønnesen	Ice	04:32.43				












### Age 35 to 39 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Nadja joy Tønnesen	Ice	04:32.43				










CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

# 100m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (20)	Cold	01:06.57				
2		Henry Lykke Stokholm (53)	Ice	01:07.98				
3		Frank Boot (55)	Cool	01:11.59				
4		Peer van Bemmelen (21)	Cool	01:12.27				
5		Rob van Wanrooy (40)	Cool	01:12.94				
6		Rene Knijpstra (34)	Cool	01:17.17				
7		Stefan Runge (55)	Cold	01:19.78				
8		Niklas Kalcher (44)	Cool	01:22.21				
9		Tobias Prüßner (42)	Cold	01:31.77				
10		Cristian Civati (38)	Cool	02:42.67				
11		Vladimir Tarasov (44)	Cool	02:47.60				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Stephanie Schaeffer (52)	Cool	01:29.16				
2		tina deeken (46)	Cool	01:29.61				
3		Nadja joy Tønnesen (35)	Ice	01:33.47				
4		Inge Wolfs (62)	Cool	01:35.46				
5		Pavlina Jackson (60)	Cool	01:47.93				
6		Giovanna Barletta (57)	Cool	01:53.88				
7		Pascale Leijer (49)	Ice	02:11.82				
8		Addy De Meester (70)	Cool	02:19.83				
9		Chiara Negretti (39)	Cool	02:24.74				



## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (20)	Cold	01:06.57				
2		Peer van Bemmelen (21)	Cool	01:12.27				

## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Rene Knijpstra (34)	Cool	01:17.17				



## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Cristian Civati (38)	Cool	02:42.67				

## Age 35 to 39 (Female)




	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nadja joy Tønnesen (35)	Ice	01:33.47				
2		Chiara Negretti (39)	Cool	02:24.74				

## Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Rob van Wanrooy (40)	Cool	01:12.94				

## Age 40 to 44 (Female)



	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

2		Niklas Kalcher (44)	Cool	01:22.21
3		Tobias Prüßner (42)	Cold	01:31.77
4		Vladimir Tarasov (44)	Cool	02:47.60


**Age 45 to 49 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					


**Age 45 to 49 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (46)	Cool	01:29.61			
2		Pascale Leijer (49)	Ice	02:11.82			



**Age 50 to 54 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Henry Lykke Stokholm (53)	Ice	01:07.98			


**Age 50 to 54 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Stephanie Schaeffer (52)	Cool	01:29.16			

**Age 55 to 59 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Frank Boot (55)	Cool	01:11.59			
2		Stefan Runge (55)	Cold	01:19.78			

**Age 55 to 59 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Giovanna Barletta (57)	Cool	01:53.88			

**Age 60 to 64 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 60 to 64 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Inge Wolfs (62)	Cool	01:35.46			
2		Pavlina Jackson (60)	Cool	01:47.93			

**Age 65 to 69 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					


**Age 65 to 69 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 70 to 74 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					


**Age 70 to 74 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Addy De Meester (70)	Cool	02:19.83			

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

## PARA Category: 100m Freestyle Results

### OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Cristian Civati (38)	Cool	02:42.67				



### Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Cristian Civati (38)	Cool	02:42.67				

### Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (46)	Cool	01:29.61				
2		Nadja joy Tønnesen (35)	Ice	01:33.47				

### Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nadja joy Tønnesen (35)	Ice	01:33.47				

### Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (46)	Cool	01:29.61				














CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

## 100m Breaststroke Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (20)	Cold	01:24.14				
2		Rob van Wanrooy (40)	Cool	01:29.17				
3		Frank Boot (55)	Cool	01:30.99				
4		Erik Bloemendaal (36)	Cool	01:36.69				
5		Theo van der Meer (57)	Ice	02:01.86				
6		Niklas Kalcher (44)	Cool	02:04.62				
7		Kevin AUDOUY (26)	Ice	02:07.97				
8		Niels Van Gijssel (50)	Cool	02:30.47				
9		Cristian Civati (38)	Cool	02:34.78				
10		Vladimir Tarasov (44)	Cool	02:37.90				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Janneke Harmsen Bakker (45)	Cool	01:33.46				
2		Iris van Aurich (53)	Cool	01:38.86				
3		marije Dirx (40)	Cold	01:48.92				
4		Naomi Apfelbaum Lubek (49)	Cool	01:53.97				
5		Annabel Médard (43)	Ice	01:55.93				
6		Pavlina Jackson (60)	Cool	01:59.71				
7		Marlies Melenhorst (44)	Cool	02:01.86				
8		tina deeken (46)	Cool	02:04.72				
9		Inge Wolfs (62)	Cool	02:17.15				
10		Nadja joy Tønnesen (35)	Ice	02:19.24				
11		Caroline Stel (61)	Cool	02:21.47				
12		Chiara Negretti (39)	Cool	02:23.97				
13		Ursula Tibon (59)	Cool	02:27.99				

## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Roel Janssen (20)	Cold	01:24.14				

## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kevin AUDOUY (26)	Ice	02:07.97				

## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					



## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					



## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Erik Bloemendaal (36)	Cool	01:36.69				
2		Cristian Civati (38)	Cool	02:34.78				

## Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nadja joy Tønnesen (35)	Ice	02:19.24				
2		Chiara Negretti (39)	Cool	02:23.97				




## Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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## Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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1		Rob van Wanrooy (40)	Cool	01:29.17
2		Niklas Kalcher (44)	Cool	02:04.62
3		Vladimir Tarasov (44)	Cool	02:37.90

1		marije Dirx (40)	Cold	01:48.92
2		Annabel Médard (43)	Ice	01:55.93
3		Marlies Melenhorst (44)	Cool	02:01.86


## Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

## Age 45 to 49 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Janneke Harmsen Bakker (45)	Cool	01:33.46			
2		Naomi Apfelbaum Lubek (49)	Cool	01:53.97			
3		tina deeken (46)	Cool	02:04.72			


## Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Niels Van Gijssel (50)	Cool	02:30.47			

## Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Iris van Aurich (53)	Cool	01:38.86			

## Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Frank Boot (55)	Cool	01:30.99			
2		Theo van der Meer (57)	Ice	02:01.86			




## Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Ursula Tibon (59)	Cool	02:27.99			

## Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

## Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Pavlina Jackson (60)	Cool	01:59.71			
2		Inge Wolfs (62)	Cool	02:17.15			
3		Caroline Stel (61)	Cool	02:21.47			

## Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

## Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

## PARA Category: 100m Breaststroke Results

### OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Cristian Civati (38)	Cool	02:34.78				



### Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Cristian Civati (38)	Cool	02:34.78				

### Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (46)	Cool	02:04.72				
2		Nadja joy Tønnesen (35)	Ice	02:19.24				

### Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nadja joy Tønnesen (35)	Ice	02:19.24				





### Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (46)	Cool	02:04.72				

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level






1		Tobias Prüßner (42)	Cold	00:33.92						NONE
2		Rob van Wanrooy (40)	Cool	00:34.72						
3		Niklas Kalcher (44)	Cool	00:37.67						
4		Vladimir Tarasov (44)	Cool	01:02.79						




**Age 45 to 49 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 45 to 49 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken (46)	Cool	00:45.59				

**Age 50 to 54 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Henry Lykke Stokholm (53)	Ice	00:30.73				
2	 RYUSAKU KUBOTA (53)	Cold	00:40.93				
3	 Niels Van Gijssel (50)	Cool	01:08.97				

**Age 50 to 54 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 55 to 59 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Frank Boot (55)	Cool	00:33.76				


**Age 55 to 59 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Ursula Tibon (59)	Cool	01:03.95				

**Age 60 to 64 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Wiebe de Wolf (64)	Cool	01:05.08				

**Age 60 to 64 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Pavlina Jackson (60)	Cool	00:47.25				

**Age 65 to 69 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 65 to 69 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

## PARA Category: 50m Freestyle Results

### OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					



### Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (46)	Cool	00:45.59				
2		Nadja joy Tønnesen	Ice	00:45.86				

### Age 35 to 39 (Female)




	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nadja joy Tønnesen (35)	Ice	00:45.86				

### Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (46)	Cool	00:45.59				

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

## 4 x 250m Country Relay Freestyle Results

	Team Name	Time	Team Members
1	 Amsterdam Ice Swim	16:02.25	Fergil Hesterman (ICE, Male,30, Netherlands) Kyra Wijnker (COLD, Female,25, Netherlands) Lilianne Sweere (COLD, Female,27, Netherlands) Michiel Vervoort (COOL, Male,37, Netherlands)
2	 Jard	18:59.53	Robert Gardien (COOL, Male,58, Netherlands) Denise De Rond (COOL, Female,53, Netherlands) Mignon Willems (COOL, Female,38, Netherlands) Albert Stienezen (ICE, Male,59, Netherlands)
3	 surfplas Ice Swimmers	23:57.15	Arthur van Dijk (COOL, Male,56, Netherlands) Theo Van der Meer (ICE, Male,58, Netherlands) Caroline Stel (COOL, Female,62, Netherlands) Edwin Romijn (COOL, Male,56, Netherlands)

**Time** = Swim Time (mm:ss:cc)

**EVENT DETAILS****Amsterdam Ice Swim  
Sat, 17 Dec 2022 - Sun, 18 Dec 2022  
Amsterdam**

<b>Country:</b>	Netherlands	<b>Water Temperature:</b>	1.90°C
<b>Country Association:</b>	Netherlands	<b>Air Temperature:</b>	-5.00°C
<b>GPS Location:</b>	52.36° N 4.95° E	<b>Wind Speed:</b>	14.0 km/h
<b>Altitude:</b>	sea level	<b>Wind Chill:</b>	-10.4°C
<b>World Champs:</b>	No	<b>Course:</b>	Pool
<b>National Champs:</b>	Yes	<b>Fresh/Salt Water:</b>	Fresh
<b>Referee:</b>	Cor Hesterman	<b>Event Distances:</b>	1000m Freestyle
<b>Medical Officer:</b>	Margot Stenveld		500m Freestyle
<b>IISA Official:</b>	Christa Hesterman		250m Freestyle
<b>Event Director:</b>	Fergil Hesterman		100m Freestyle
<b>Event Email:</b>	amsterdamiceswim@gmail.com		100m Breaststroke
			50m Freestyle
			4 x 250m Country Relay Freestyle
			4 x 50m Mixed Freestyle Relay