



1		Raymond Oosterbaan (41)	Cold	03:08.10
2		Lars Mack (43)	Ice	03:38.87
3		martijn van den Berg (43)	Warm	04:49.67

1  tina deeken (42) Cool 04:03.09

Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mark Thies (49)	Cold	03:43.78			

Age 45 to 49 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Antje Mexner (49)	Ice	03:43.83			
2		Kathrin Runge (49)	Cold	04:17.69			
3		Eskil Elfferich (48)	Cool	04:57.94			

Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Stefan Runge (51)	Cold	03:15.97			
2		Koos Hulsbosch (52)	Warm	05:12.09			
3		Arthur van Dijk (51)	Cool	07:30.53			

Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nina Hoegdal (58)	Warm	06:07.03			

Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Els Wermenbol (64)	Cold	05:08.07			

Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level