

1000m Freestyle

Male

1   Francois Lambrechts (52) 13 Jul 2024 [19:20.99](#)

Female

1   Nadja joy Tønnesen (39) 15 Jan 2023 [16:45.12](#)

2   Nicola Doran (52) 18 Jan 2025 [17:47.06](#)

3   Patricia Heffernan (64) 26 Jan 2019 [19:09.28](#)

500m Freestyle

Male

1   AMNON SALAY (55) 7 Feb 2026 [08:03.32](#)

2   Francois Lambrechts (52) 13 Jul 2024 [08:59.71](#)

3   Brent Bythell (50) 13 Jul 2024 [13:58.59](#)

Female

1   Nadja joy Tønnesen (39) 4 Feb 2024 [08:15.04](#)

2   Tina Deeken (49) 5 Mar 2022 [08:36.06](#)

3   Nicola Doran (52) 18 Jan 2025 [08:45.48](#)

250m Freestyle

Male


1   AMNON SALAY (55) 18 Jan 2025 [03:42.69](#)

2   Kamil Orwat (37) 7 Feb 2026 [03:47.58](#)

3   Francois Lambrechts (52) 13 Jul 2024 [04:15.45](#)

Female

1   Nadja joy Tønnesen (39) 28 Jan 2024 [04:01.01](#)

2   Tina Deeken (49) 4 Feb 2024 [04:06.86](#)

3   Nicola Doran (52) 18 Jan 2025 [04:13.85](#)

200m Individual Medley

Female

1   Verity Green (45) 7 Feb 2026 [03:44.91](#)

2   Nadja joy Tønnesen (39) 7 Feb 2026 [04:06.25](#)

3   Emma Biesbroeck (29) 7 Feb 2026 [05:15.71](#)

100m Freestyle

Male

1   AMNON SALAY (55) 7 Feb 2026 [01:19.09](#)

2   Rafail Antoniou (22) 7 Feb 2026 [01:19.62](#)

3   Kamil Orwat (37) 7 Feb 2026 [01:21.18](#)

Female

1   Tina Deeken (49) 15 Jan 2023 [01:26.92](#)

2   Nadja joy Tønnesen (39) 25 Jan 2026 [01:29.92](#)



3   Nicola Doran (52) 15 Jan 2023 [01:31.97](#)

100m Breaststroke

Male

1   Rafail Antoniou (22) 7 Feb 2026 [01:41.45](#)

2   Joseph Rothenaicher (34) 7 Feb 2026 [01:44.00](#)

3   Kamil Orwat (37) 7 Feb 2026 [02:33.49](#)

Female


1   Tina Deeken (49) 7 Feb 2022 [01:57.79](#)

2   Mona Bunning Christiansen (43) 25 Jan 2026 [02:01.10](#)

3   Emma Biesbroeck (29) 18 Jan 2025 [02:12.64](#)

100m Individual Medley

Female


1		♀ Nadja joy Tønnesen (39)	15 Jan 2023	01:47.64
2		♀ Patricia Heffernan (64)	15 Jan 2023	02:10.06

100m Backstroke

Male

1		♂ Kamil Orwat (37)	7 Feb 2026	01:36.41
2		♂ Geraud PAILLOT DE MONTABERT (56)	7 Feb 2026	02:03.90
3		♂ Brent Bythell (50)	13 Jul 2024	03:08.99

Female

1		♀ Verity Green (45)	7 Feb 2026	01:38.80
2		♀ Tina Deeken (49)	15 Jan 2023	01:46.95
3		♀ Nadja joy Tønnesen (39)	18 Jan 2025	01:55.77

100m Butterfly

Female



1		♀ Nadja joy Tønnesen (39)	4 Feb 2024	02:06.02
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50m Freestyle

Male

1		♂ Rafail Antoniou (22)	7 Feb 2026	00:34.30
2		♂ AMNON SALAY (55)	18 Jan 2025	00:34.66
3		♂ Kamil Orwat (37)	7 Feb 2026	00:37.48

Female

1		♀ Tina Deeken (49)	15 Jan 2023	00:39.68
2		♀ Nadja joy Tønnesen (39)	7 Feb 2022	00:42.45
3		♀ Mona Bunning Christiansen (43)	25 Jan 2026	00:44.65

50m Breaststroke

Male

1		♂ Joseph Rothenaicher (34)	7 Feb 2026	00:44.79
2		♂ Jonty Warneken (54)	4 Feb 2024	01:03.71
3		♂ Georg Dreuw (62)	15 Jan 2023	01:07.40

Female




1		♀ Mona Bunning Christiansen (43)	25 Jan 2026	00:53.20
2		♀ Tina Deeken (49)	5 Mar 2022	00:54.04
3		♀ Nadja joy Tønnesen (39)	7 Feb 2022	01:01.95

50m Butterfly

Male

1		♂ AMNON SALAY (55)	7 Feb 2026	00:40.48
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Female




1		♀ Verity Green (45)	7 Feb 2026	00:48.74
2		♀ Nadja joy Tønnesen (39)	15 Jan 2023	00:56.09
3		♀ Patricia Heffernan (64)	18 Jan 2025	01:08.35

50m Backstroke

Male

1	 ♂ Rafail Antoniou (22)	7 Feb 2026	00:45.19
2	 ♂ Kamil Orwat (37)	7 Feb 2026	00:45.36
3	 ♂ Geraud PAILLOT DE MONTABERT (56)	7 Feb 2026	00:55.80

Female

1	 ♀ Verity Green (45)	7 Feb 2026	00:44.03
2	 ♀ Tina Deeken (49)	4 Feb 2024	00:47.25
3	 ♀ Nadja joy Tønnesen (39)	18 Jan 2025	00:51.94
