

**OPEN DUTCH CHAMPIONSHIP / GREEN HART ICE SWIM**

**01-02-2020 / 02-02-2020**



**Location: Reeuwijkse Plassen, The Netherlands**

**Open water conditions**

**Distances (provisional)**

**Saturday**

**1.000 meter Freestyle (NC)**

**50 meter Breaststroke**

**200 meter Freestyle (NC)**

**4x100 meter Mixed Freestyle Relay**

**Sunday**

**500 meter Freestyle (NC)**

**50 meter Freestyle**

**100 meter Breaststroke**

**100 meter Freestyle**

**4x250 meter Mixed Freestyle Relay**