



Dear all FROZEN ones

It is our honour to invite the international ICE swimmers to participate in the International Open Ice Swimming Festival “2017 Baikal Mile” which is going to take place on June 9-13, 2017 in the village of Listvyanka, Irkutsk region, and on the island of Olkhon, lake Baikal.

The championship will be organized by the Ministry for Sport of Irkutsk region, the Department of Physical Training, Sport and Youth Policy of Irkutsk City Administration, the Swimming Federation of Irkutsk region “Baikal”, the Irkutsk Ice-skating Association, the Irkutsk organization ‘Strengthening and Ice Swimming Club “Pribaikaltsi”’, Olkhon District Administration, Eastern Siberian Association of Polar Explorers, International Ice Swimming Association, Interregional Cold Water Swimming Association of Russia, the Amur Centre of Medical Prophylaxis.

The championship is aimed at:

- Promoting Ice swimming in Irkutsk region and the Zabaikalskiy territory
- Developing cooperation between the Russian and international swimmers
- Qualifying swims for the 3<sup>rd</sup> Ice Swimming Championship (IISA)

**The “2017 Baikal Mile” Festival is part of the President’s programme “The Year of Ecology in Russia”.**

## **Program**

**Village of Listvyanka, Lake Baikal**

**8-10, June 2017 (Thursday, Friday, Saturday)**

June 8 Arrival and registration of the participants, referee’s meeting

June 9 Opening Ceremony of the International Ice Swimming Festival

- 50 m freestyle and 50 m breaststroke, men and women
- 100 m freestyle and 200 m breaststroke, men and women
- 500 m freestyle, men and women
- 4x50 m team relay
- 4x200 m team relay (3 men and 1 women)

June 10 3 p.m. – participants' departure to the Olkhon island

### **Village of Khuzhir, the Olkhon island**

**11-13 June 2017 (Sunday, Monday Tuesday)**

June 12 Swimming across the sea in the Olkhon gate area  
1,000 m distance, men and women  
age groups 18-26, 27-35, 36-45, 46-55, 56-65  
Categories: Skins and Wetsuits

June 13 1 Milen swim  
1,610m distance, men and women  
age groups 18-26, 27-35, 36-45, 46-55, 56-65  
Categories: Skins and Wetsuits

A tour around the Olkhon island

June 13 Leaving for Irkutsk and home

#### **Participation fees**

- 50m, 100m, 200m, 500m 1,000 RUB per event (approx \$18 per event)
- 4x50 m team relay 500 RUB per person (approx \$9 per person)
- 4x200 m team relay 1,000 RUB per person (approx \$18 per person)
- The Olkhon gate swim 1,000m 2,000 RUB (approx \$36)
- Mile swim 2,500 RUB (approx \$45)

Contact and application

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e-mail: [akvais-sport@mail.ru](mailto:akvais-sport@mail.ru)

#### Accommodation in Listvyanka

- Hostel type Room (common restrooms and shower rooms) –1,000 RUB per person per night
- Private Rooms of hotel type - 2,000 RUB per person per night

#### Accommodation in Khuzhir

- Hostel type (common restrooms and shower rooms) - 1,000 RUB per person per night
- Hotel type - 2,000 RUB per person per night

Meals: 3 meals a day – 1,200 RUB per day

Travel: Listvyanka – the Olkhon island – Irkutsk (choose the means you like):

Bus: 1,800 rubles per person

Boat: 7,000 RUB per person (please, let us know if you choose to travel by boat, by April 25, so that we could book the boat)

The participant should book the accommodation and make the payment by April 25. The participation fees for long distances (1,000 m and Mile swim) should be paid by May 15.

The bank details for the participation fees:

**Account number 40817810903000397121, INN: 7707083893, BIK of the recipient bank: 040813608, SWIFT-code: SABRRUK8K, bank division code of the card account management: 70863607771, Sberbank of Russia card number: 4276 0300 1365 4880 – recipient Brylin Alexandr Viktorovich**

**President of Interregional  
Cold Water Swimming Association  
IISA Russia Chairman  
Alexander Brylin**

**President  
International Ice Swimming Association  
  
Ram Barkai**