



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Deb Tyler** (59y) 

has completed a swim observed by IISA:

Date: 01-Jan-2020

Venue: Thrybergh Country Park

Distance: 508 metres

Swim Time: 00:13:00.00

Water Temp: 5.20°C

Wind Chill: 6.00°C

Stroke: Crawl

Observer: Leon Fryer  
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**