



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Patrick Bolster (50y) 

has completed a swim observed by IISA:

Date: 05-Dec-2015

Venue: Gydnia Poland

Distance: 450 metres

Swim Time: 00:11:00.00

Water Temp: 4.20°C

Wind Chill: -8.00°C

Stroke: Crawl

Observer: Ger Kennedy
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION