



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Alistair Bell (33y) 

has completed a swim observed by IISA:

Date: 07-Feb-2020

Venue: Keepers Pond Blaenavon, Wales

Distance: 735 metres

Swim Time: 00:12:55.00

Water Temp: 2.50°C

Wind Chill: 1.00°C

Stroke: Crawl

Observer: Colin Hughes
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION