



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Rosalind Edmonds (57y) 

has completed a swim observed by IISA:

Date: 15-Dec-2017

Venue: Canada Lake & Lodge, Heol Pant-Y-Gored, Cregiau, Cardiff

Distance: 600 metres

Swim Time: 00:00:13.27

Water Temp: 5.30°C

Wind Chill: 3.50°C

Stroke: Crawl

Observer: Cath Pendleton
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION