



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Rosalind Edmonds (56y)** 

has completed a swim observed by IISA:

Date: 15-Jan-2017

Venue: Keepers Pond, Blaenavon

Distance: 500 metres

Swim Time: 00:00:12.16

Water Temp: 2.60°C

Wind Chill: 6.80°C

Stroke: Crawl

Observer: Cath Pendleton  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**