



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Conor O Connor (60y) 

has completed a swim observed by IISA:

Date: 08-Jan-2023

Venue: Wild Water Armagh

Distance: 1600 metres

Swim Time: 00:46:44.00

Water Temp: 5.60°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Brianna Jackson
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION