



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Caroline McFarland** (48y) 

has completed a swim observed by IISA:

Date: 16-Dec-2018

Venue: Wild Water Armagh

Distance: 1000 metres

Swim Time: 00:18:21.59

Water Temp: 5.10°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Ian Conroy  
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**