



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Charalampos Theodosis (43y) 

has completed a swim observed by IISA:

Date: 22-Feb-2020

Venue: Sandford Lido, Cheltenham, UK

Distance: 1000 metres

Swim Time: 00:17:44.59

Water Temp: 6.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Kate Steels
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION