



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Tracey Sharratt (43y)** 

has completed a swim observed by IISA:

Date: 01-Dec-2016

Venue: Llanelli North Dock

Distance: 1029 metres

Swim Time: 00:22:15.08

Water Temp: 3.70°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Cath Pendleton  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**