



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Sophie Francois** (49y) 

has completed a swim observed by IISA:

Date: **06-Mar-2024**

Venue: **Tallinn**

Distance: **200 metres**

Swim Time: **00:04:41.90**

Water Temp: **1.50°C**

Wind Chill: **0.00°C**

Altitude: **Sea Level metres**

Stroke: **Breast**

Observer: **Christophe Remy**  
**Belgium**

**KEEP SAFTEY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**