



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Frederic TAILLANDIER** (53y) 

has completed a swim observed by IISA:

Date: 14-Jan-2024

Venue: La bernerie en Retz

Distance: 1800 metres

Swim Time: 00:45:24.00

Water Temp: 5.40°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Julien Charriere  
France

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**