



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Therese Molyneux (56y)** 

has completed a swim observed by IISA:

Date: 06-Mar-2018

Venue: Tallinn, Estonia

Distance: 450 metres

Swim Time: 00:07:58.53

Water Temp: 0.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Martina Ring  
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**