



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Rosalind Edmonds (55y) 

has completed a swim observed by IISA:

Date: 30-Jan-2016

Venue: Keepers Pond, Blaenavon

Distance: 1200 metres

Swim Time: 00:28:53.00

Water Temp: 4.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Andrew Holder
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION