



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

john myatt (46y) 

has completed a swim observed by IISA:

Date: 04-Dec-2018

Venue: Lake 32, Cotswold Water Park

Distance: 3670 metres

Swim Time: 01:01:08.00

Water Temp: 7.10°C

Wind Chill: 1.00°C

Stroke: Crawl

Observer: Donald McDonald
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION