



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Grace McLaughlin (50y) 

has completed a swim observed by IISA:

Date: 30-Dec-2022

Venue: Wild Water, Armagh, N.Ireland

Distance: 1000 metres

Swim Time: 00:15:47.00

Water Temp: 3.10°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Ian Conroy
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION