



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Kerry O'Hara** (38y) 

has completed a swim observed by IISA:

Date: 31-Jan-2016

Venue: Tooting Bec Lido, London.

Distance: 1000 metres

Swim Time: 00:17:30.00

Water Temp: 5.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: jonathan cowie  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**